



**2017 J/22 FALL SERIES**  
Nov. 5, 12, 19, 26  
Organizing Authority (OA): St. Francis Yacht Club  
**SAILING INSTRUCTIONS**

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*The notation [DP] in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

*The notation '[NP]' in a rule in the NoR means it shall not be grounds for protest by a boat. This changes RRS 60.1(a).*

**1. RULES**

- 1.1. The regatta will be governed by the rules as defined in the Racing Rules of Sailing, including US Sailing Prescription Appendix V.
- 1.2. [DP] All competitors shall wear an approved PFD at all times while on the water, other than brief periods while adding or removing clothing, or below deck. The 'Y' flag will not be flown. This changes RRS 40 and the preamble to Part 4.
- 1.3. RRS 48.2 is deleted.
- 1.4. US Sailing Prescriptions 63.2 and 63.4 are deleted.
- 1.5. International J/22 Class rule 8.9 is changed to remove the crew weight limit.

**2. COMMUNICATIONS WITH COMPETITORS**

- 2.1. Notices to competitors will be posted on the official regatta notice board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 2.2. The race committee will make announcement to competitors via VHF 69 while on the water.

**3. CHANGES TO SAILING INSTRUCTIONS**

Any change to the sailing instructions (SI) will be posted by 1200 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it takes effect.

**4. SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.

**5. SCHEDULE**

- 5.1. The first warning signal each day is scheduled for 1330 each race day.
- 5.2. The race committee will attempt to run 3-4 races each day.

**6. RACING AREA**

The intended race area will be north of StFYC, proximal to the City Front. Courses will utilize both fixed and dropped marks.

**7. COURSES & MARKS**

- 7.1. The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 7.2. No later than the warning signal, a numeral pennant designating the course will be displayed from the flagpole on the StFYC Race Deck.
- 7.3. No later than the warning signal, a flag designating the mark rounding direction will be displayed from the StFYC Race Deck. If a red flag is displayed, all marks shall be rounded to port. If a green flag is displayed, all marks shall be rounded to starboard.

**8. SAILS**

The sail combination to be used will be signaled from the race deck with or before the warning signal. The signals shall have the following meanings:

<u>Signal</u>	<u>Sail Combination to be used</u>
No signal	Mainsail, Jib, Spinnaker
Code Flag K	Mainsail, Jib

- 9. THE START**
- 9.1. The starting line will be between an orange inflatable ball and a yellow placard on the StFYC Race Deck. In the event the inflatable mark is not in place by the warning signal, the starting line will be between StFYC outer mark "A" and a yellow placard on the StFYC Race Deck.
- 9.2. A boat shall not start later than four (4) minutes after her starting signal. A boat that starts later than 4 minutes after her starting signal shall be scored DNS. This changes RRS 35.
- 9.3. The class flag will be the black class insignia on a white rectangular background.
- 10. RECALLS**
- As a courtesy, the race committee may attempt to hail On Course Side (OCS) boats via VHF 69. Failure to execute this hail or failure to receive it shall not relieve a boat of her sole obligation to start properly, nor shall it constitute an improper action or omission of the race committee under RRS 62.1(a).
- 11. THE FINISH**
- The finish line will be between an orange inflatable ball and a yellow placard on the StFYC Race Deck. In the event the inflatable mark is not in place by the warning signal, the finish line will be between StFYC outer mark "A" and a yellow placard on the StFYC Race Deck.
- 12. TIME LIMIT FOR EACH RACE**
- 12.1. The time limit for each race will be 45 minutes for the first boat to finish.
- 12.2. Boats failing to finish within ten (10) minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.
- 13. AREAS THAT ARE OBSTRUCTIONS**
- Each line bound by the following two points is designated as an obstruction. Boats are prohibited from crossing any of these lines while racing.
- a) The northern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
  - b) The southern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
  - c) The "H" Beam piling and the closest point ashore. (located approximately 200 yards west of the St. Francis YC).
  - d) Anita Rock Light located approximately 0.30nm West of StFYC ("Anita Rock" Q 20ft 5M), and a yellow buoy marked "AR" or temporary replacement if present (located approximately 100 yards northwest of the Anita Rock Light).
  - e) Anita Rock Light located approximately 0.30nm West of StFYC ("Anita Rock" Q 20ft 5M), and the closest point ashore.
  - f) The yellow buoy marked "AR" or temporary replacement if present (located approximately 100 yards northwest of Anita Rock Light) and the closest point ashore.
  - g) The Green/Red Bell Buoy off the west end of Alcatraz Island and Alcatraz Island.
- 14. COMMERCIAL TRAFFIC, SAFETY**
- 14.1. Racing occurs near active shipping channels. The race committee would like to call special attention to the preamble to RRS Part 2.
- 14.2. A race committee boat may signal a boat that is racing to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the race committee shall protest the boat. In this case the protest committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- 14.3. If a commercial vessel sounds five blasts at a boat which is racing, and/or the vessel or the USCG is subsequently able to identify the offending boat, the boat may be subject to protest. In the event the race committee files the protest, the protest committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise.
- 14.4. A boat may not take a penalty when she may have broken any part of this instruction. When a protest committee decides that a boat has broken rule in this instruction, the penalty shall be a disqualification that is not excludable.
- 14.5. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

## **15. PROTESTS**

- 15.1. Appendix V will apply.
- 15.2. Protest forms are available at the jury desk located at StFYC Race Office. Protest and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.3. For each class, the protest time limit is sixty (60) minutes after the last finisher in each class; except in the case of a complaint by Vessel Traffic or the USCG. This time will be posted. This constitutes the time limit mentioned in the first sentence of RRS 61.3.
- 15.4. In the event of a complaint by Vessel Traffic or the USCG, the protest time limit will be extended up to two (2) days after the conclusion of the regatta. This changes RRS 60.2(a) and RRS 61.3.
- 15.5. The protest committee will hear protests and requests for redress as soon as possible and in the order it determines. The hearing schedule will be posted no later than thirty (30) minutes after the close of protest time. This constitutes the notification required by RRS 63.2.
- 15.6. Notices of any other protests by the race committee, technical committee or protest committee will also be posted. This constitutes the notification required by RRS 61.1(b).
- 15.7. It is the sole responsibility of each boat involved to be ready and have witnesses available when the hearing is called.
- 15.8. If the race committee posts a list of boats scored OCS, ZFP, UFP, or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than sixty (60) minutes after the protest time limit. This changes the first sentence of RRS 62.2.
- 15.9. On the last scheduled day of racing, a request for redress on a protest committee decision, or a request to reopen a hearing, shall be delivered no later than sixty (60) minutes after the decision was announced, either written or orally. This changes RRS 62.2 and RRS 66.

## **16. SCORING**

- 16.1. Three (3) races shall constitute a series.
- 16.2. Scoring will be in accordance with Appendix A9, Race Scores in a Series Longer than a Regatta.

When 'X' number of races have been completed	A boat's series score will be the total of her race scores excluding 'X' number of scores.
5 or fewer	0
6 - 9	1
10 - 13	2
14 or more	3

## **17. DISCLAIMER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this race participate entirely at their own risk. See RRS 4, Decision to Race. The race organizers (OA, Ratings Authority, Race Committee, Protest Committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this race. By participating in this race, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

## **18. PRIZES**

A daily prize will be awarded to the 1st place boat each evening of racing. Overall prizes will be awarded to the 1st, 2nd, and 3rd place boats in the series.

## **19. CHARTERED BOATS**

- 19.1. Attachment B (Boat Handling and Equipment Rules) shall apply for chartered boats.
- 19.2. Competitors shall inspect their boats each race night for possible breakdowns and missing equipment. Discrepancies shall be reported to the RC immediately and noted on the check-out sheet supplied with each boat irrespective of whether redress for a breakdown is being requested.
- 19.3. Skippers shall provide a damage deposit of \$1,500 at registration. The damage deposit is the limit of liability of each skipper.

for each incident. In the event that a damage charge is assessed, the skipper shall increase the damage deposit to the original value to continue racing.

- 19.4. Each skipper is responsible for the damage or loss to their boat unless fault is otherwise determined by application of the rules by the protest committee.

**20. FURTHER INFORMATION**

For further information please visit [www.stfyc.com](http://www.stfyc.com) or contact the StFYC Race Office: [racing@stfyc.com](mailto:racing@stfyc.com), (415) 655-7756.

ATTACHMENT A - Description of Marks and Courses

ATTACHMENT B - Rules for Handling Charter Boats

# # END # #

**ATTACHMENT A**  
**OFFICIAL DESCRIPTION OF MARKS AND COURSES**

<b>MARK</b>	<b>DESCRIPTION</b>
Pin Mark	Inflatable orange ball set to the south of "A" Buoy
A	Yellow sphere "A" buoy .2nm north of the StFYC Race Deck
B	Yellow sphere "B" buoy set 100 feet north of the StFYC Race Deck
1	Inflatable yellow mark set as a Windward Mark
X	Yellow sphere "X" buoy north of Golden Gate Yacht Club
6	Yellow can "M" .2nm north of Fort Mason piers
2	Inflatable yellow mark set as a Leeward Mark

<b>COURSE</b>	<b>ROUNDING ORDER</b>
1	Start → 1 → Finish (downwind)
2	Start → 1 → X → Finish (upwind)
3	Start → 1 → X → 1 → Finish (downwind)
4	Start → 1 → X → 1 → X → Finish (upwind)
5	Start → 1 → 6 → Finish (upwind)
6	Start → 1 → 6 → 1 → Finish (downwind)
7	Start → 1 → 6 → 1 → X → Finish (upwind)
8	Start → 1 → 2 → Finish (upwind)
9	Start → 1 → 2 → 1 → Finish (downwind)

**ATTACHMENT B**  
**BOAT HANDLING AND EQUIPMENT RULES**

**1. Prohibited Items and Actions**

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC or an umpire otherwise, the following are prohibited:

- 1.1. Any additions, omissions or alterations to the equipment supplied.
- 1.2. Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3. Replacing any equipment without the sanction of the RC.
- 1.4. Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5. Moving equipment from its normal stowage position except when being used.
- 1.6. Boarding a boat without prior permission.
- 1.7. Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8. Hauling out a boat or cleaning surfaces below the waterline.
- 1.9. Attaching lines to the fabric of spinnakers.
- 1.10. Perforating sails, even to attach tell tales.
- 1.11. Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12. Using a winch to adjust the mainsheet, backstay or vang.
- 1.13. Using a reef line as an outhaul.
- 1.14. Using electronic instruments other than compass and watches.
- 1.15. Using the spinnaker pole to wing out the foresail.
- 1.16. Marking directly on the hull or deck with permanent ink.
- 1.17. Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.18. Attaching the spinnaker pole end to the shrouds.

**2. Permitted Items and Actions**

The following are permitted.

- 2.1. Taking on board the following equipment:
  - (a) basic hand tools;
  - (b) adhesive tape;
  - (c) line (elastic or otherwise of 4 mm diameter or less);
  - (d) marking pencils;
  - (e) tell tale material;
  - (f) watch, timers and hand held compass;
  - (g) shackles and clevis pins;
  - (h) velcro tape;
  - (i) spare flags; and
  - (j) VHF radio.
- 2.2. Using the items in 2.1 to:
  - (a) prevent fouling of lines, sails and sheets;
  - (b) attach tell tales;
  - (c) prevent sails being damaged or falling overboard;
  - (d) mark control settings;
  - (e) make minor repairs and permitted adjustments;
  - (f) make signals as per RRS Appendix C6; and
  - (g) use the VHF to receive instructions from the RC or to contact the RC.
- 2.3. Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 2.4. Changing the number of mainsheet purchases.

### **3. Mandatory Items and Actions**

The following are mandatory.

- 3.1. The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 3.2. At the end of each sailing day:
  - (a) rolling, bagging and placement of the sails as directed
  - (b) leaving the boat in the same state of cleanliness as when first boarded that day
  - (c) using backstay control lines under slight tension to secure tiller
- 3.3. At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4. Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5. A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

### **4. Equipment List**

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

### **5. Sails and Sailing Equipment**

Mainsail and set of battens	First aid kit
Jib	Bucket and sponge
Spinnaker	Flares
One winch handle	Type IV throwable PFD
Two winch handle holders	Four adult PFDs
One spinnaker pole	Bilge pump
Two spinnaker sheets	Paddle
Two headsail sheets	Tow line
Tiller extension	Anchor with chain and line
Jib cars	VHF Radio
Competitor flag set	Mooring Lines and Fenders
Safety Gear	Three mooring lines
	Two fenders