



NESPRESSO®

International 18 Skiff Regatta

St. Francis Yacht Club

August 27 – September 1, 2012

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Competitors are required to wear life-jackets or other adequate personal buoyancy while racing. The "Y" flag will not be displayed. This changes RRS 40.
- 1.3 A boat may touch any or all marks of the course. RRS 31 is deleted.
- 1.4 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

2. ENTRIES

Eligible boats shall complete registration with the StFYC Race Office from 1200 to 1400 hours on Monday, August 27, 2012.

3. COMMUNICATION WITH COMPETITORS

- 3.1 A Competitors' Meeting will be held at StFYC Monday, August 27 at 1500 hours on Crissy Field.
- 3.2 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3 Changes to the Sailing Instructions will be posted by 1200 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number & Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- 3.4 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck. When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.
- 3.5 Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.

4. NUMBER & SCHEDULE OF RACES

Monday, August 27

1200-1400	Registration & Check-In – StFYC Race Office
1500	Competitors' Meeting – Crissy Field
1700	Warning Signal - Race #1 (Race #2 to immediately follow)
1900	Evening Social/Debriefing

Tuesday, August 28

1300	Warning Signal - Race #3 (Race #4 to immediately follow)
1800	Evening Social/Debriefing

Wednesday, August 29

1300	Warning Signal - Race #5 (Race #6 to immediately follow)
1800	Evening Social/Debriefing

Thursday, August 30

Lay Day	No racing scheduled
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Friday, August 31

- 1500 Warning Signal - Race #7
- 1730 Warning Signal - Race #8 (Ronstan Bridge to Bridge race)
- 1930 Ronstan Bridge to Bridge Dinner

Saturday, September 1

- 1300 Warning Signal - Race #9 (Race #10 to immediately follow)
- 1930 Trophy Ceremony & Social – StFYC

5. RACING AREA

The intended racing area will be the San Francisco City Front.

6. COURSES & MARKS

- 6.1** The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 6.2** No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.

7. RESTRICTED AREAS

- 7.1** For safety reasons, each of the lines bounded by the following two points is an obstruction:
 - (a) The “H” Beam piling (located approximately 200 yards west of the St. Francis YC) and the closest point ashore.
 - (b) Anita Rock Light (Light List 4290) and the closest point ashore.
 - (c) Anita Rock Light (Light List 4290) and a yellow buoy marked “AR” (located approximately 100 yards northwest of the Anita Rock Light).
 - (d) The yellow buoy marked “AR” (located approximately 100 yards NW of Anita Rock Light) and the closest point ashore.
- 7.2** Boats are prohibited from sailing across any of these lines while racing.

8. THE START

- 8.1** The class flag will be a white flag with a black letter “A” on it.
- 8.2** The Starting line will be between a staff displaying an orange and yellow flag on a Starting Line Signal boat and an inflatable orange buoy.
- 8.3** A boat starting later than four minutes after her starting signal will be scored DNS. This changes RRS A5.

9. RECALLS

The Race Committee may hail the Logo of the boat(s) identified on the course side of the starting line after the starting signal by loud hailer. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 41 and 62.1(a).

10. CHANGES OF COURSE AFTER THE START

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark, identified by a black band, may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark. This changes RRS 33.

11. THE FINISH

Finish Line will be between a yellow placard on the StFYC Race Deck and StFYC Mark "A".

12. TIME LIMIT

The time limit for each race will be 60 minutes. A boat finishing more than 30 minutes after the first boat in her class shall be scored “Did Not Finish” without a hearing. This changes RRS 35, A4, and A5.

13. PROTESTS

- 13.1** Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms are available at the St. Francis Yacht Club Front Desk. Protests and requests for redress shall be lodged with the Race Committee Representative at the Front Desk within 60 minutes after the arrival of the Race Committee Signal Boat ashore. This time limit will be posted on the Official Regatta Notice Board.

- 13.2** The time and place of all protest hearing(s), the boat(s) protesting, boat(s) being protested and boat(s) requesting redress will be posted on the Official Regatta Notice Board within 90 minutes after the arrival of the Race Committee Signal Boat ashore. This shall serve as notification as per RRS 63.2.
- 13.3** A request to reopen a hearing on the last day of racing must be delivered to the front desk of the St. Francis Yacht Club within 60 minutes of the posting of the Protest Committee's decision (oral or written). This changes RRS 66.

14. SCORING

- 14.1** Three races must be completed to constitute a series.
- 14.2** If fewer than five races are completed, a boat's series score shall be the total of her race scores.
- 14.3** If five but fewer than 10 races are completed, a boat's worst score will be excluded.
- 14.4** If more than nine races are completed, a boat's worst two scores will be excluded.

15. COMMERCIAL TRAFFIC, SAFETY

- 15.1** Boats shall not impede the passage of commercial vessels and shall comply with the U.S. Inland Navigation Rules Act of 1980.
- 15.2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta. This changes RRS 60.2(a) and 61.3.
- 15.3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- 15.4** A boat may be penalized independently under any paragraph of this SI. A violation of any part this sailing instruction shall not be exonerated by a Scoring Penalty, and a resulting disqualification shall not be excludable under RRS A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules.

16. DISPOSAL OF WASTE OR TRASH

No boat shall discharge trash of any kind into the San Francisco Bay. Any boat observed breaking this rule is subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes rules 60.1(a) and 64.1(a).

17. PRIZES

Prizes will be awarded to the top three overall teams.

**ATTACHMENT A
OFFICIAL DESCRIPTION OF MARKS AND COURSES**

MARK	DESCRIPTION
1	Inflatable red buoy set as a Windward Mark
3	Inflatable red buoy set as a Leeward Mark
MCG	Inflatable yellow buoys set as a Midcourse Gate

COURSE	ROUNDING ORDER (Marks 1 and 3 shall be rounded to port)
1	n/a
2	S - 1 – MCG - 3 - MCG - 1 - MCG - 3 - F
3	S - 1 - MCG - 3 - MCG - 1 - MCG - 3 - MCG - 1 - MCG - 3 - F
4	S - 1 - MCG - 3 - MCG - 1 - MCG - 3 - MCG - 1 - MCG - 3 – MCG – 1 – MCG – 3 - F

COURSE CONFIGURATION

△ - 1

Race Deck StFYC A
(finish line)

△ △
(MCG)

O Signal Boat
(start line)

△ - 3