



**St. Francis Yacht Club**

March 29, April 12 & April 26, May 10 & 24, June 7 & 28, July 12 & 26, August 2, 16, & 30,  
& September 13

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1** The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), including ISAF Appendix BB – Experimental Kiteboarding Competition Rules (posted at <http://www.sailing.org/28163.php>), except as any of these are altered by the Notice of Race and these Sailing Instructions (including Attachments A & B).
- 1.2** Competitors shall wear full wetsuits, as well as their issued jersey while racing.

**2. ENTRIES**

Eligible competitors shall complete registration online ([www.stfyc.com](http://www.stfyc.com)) prior to racing.

**3. COMMUNICATION WITH COMPETITORS**

- 3.1** On each scheduled evening of racing, a Competitors' Meeting will be held on the Crissy Field beach at 1700 hours.
- 3.2** Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3** Changes to the Sailing Instructions will be posted by 1600 hours on the day they are to take effect.
- 3.4** Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.5** Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.

**4. SCHEDULE OF RACES**

- 4.1** Racing will be the following dates: 3/29, 4/12, 4/26, 5/10, 5/24, 6/7, 6/28, 7/12, 7/26, 8/2, 8/16, 8/30, 9/13.
- 4.2** The first Warning Signal each night is scheduled for 1730 hours.

**5. RACING AREA**

The intended racing area will be the San Francisco City Front.

**6. COURSES & MARKS**

- 6.1** The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 6.2** No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.
- 6.3** On the downwind leg, competitors shall not pass through the Starting Line. A competitor that breaks this rule may not correct the error and shall retire. This changes RRS 28.1.

**7. THE START**

- 7.1** The Starting Line will be between a staff displaying an orange and yellow striped flag on the Race Committee Signal Boat and the StFYC "B" buoy (or a temporary orange buoy in its place).
- 7.2** Races will be started in accordance with RRS 26:

Signal	Flag and Sound	Minutes before the Start
Warning	Class flag up with one sound	5
Preparatory	Code flag P, I, Z, Z with I, or black flag up with one sound	4
One Minute	Preparatory flag removed with one sound	1
Start	Class flag removed with one sound	0

- 7.3** A competitor shall not start later than four minutes after her starting signal. A competitor that starts

later than four minutes after her starting signal will be scored DNS. This changes RRS 35, A4 and A5.

## **8. RECALLS**

The Race Committee may hail the jersey color/number of the competitor(s) identified on the course side of the starting line after the starting signal by loud hailer. The failure of a hail, the failure of a competitor hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

## **9. THE FINISH**

The Finish Line will be between a staff displaying an orange and yellow striped flag on the Race Committee Signal Boat and an orange round mark set to port.

## **10. TIME LIMIT FOR EACH RACE**

The Time Limit for each race is 30 minutes. A competitor failing to finish within 15 minutes after the first competitor sails the course shall be scored "Did Not Finish (DNF)" by the Race Committee. This changes RRS 35.

## **11. PENALTY SYSTEM**

A scoring penalty system according to Appendix BB will be used. (A competitor's score will be worsened for that race by 20% of the competitors who finished the race.) For each penalty, the competitor admitting fault must inform the other competitor and the Race Committee immediately after finishing, and by completing a Scoring Adjustment Form within the protest time limit. Scoring Adjustment Forms are available at the StFYC Race Office.

## **12. PROTESTS AND REQUESTS FOR REDRESS**

- 12.1** Protests and requests for redress shall be written on IKA Protest Forms. Protest Forms are available at the StFYC Race Office, and shall be lodged with the Race Office within 60 minutes of the finish of the last board in the last race of the day. This time limit will be posted on the Official Notice Board.
- 12.2** The Protest Committee will attempt to hear protests upon completion of the next scheduled Thursday night's races. The time and place of hearing will be emailed to all involved parties.
- 12.3** A request to reopen a hearing must be delivered to the Front Desk of StFYC within 30 minutes of the parties to the protest receiving the Jury's decision (oral or written). This changes RRS 66.
- 12.4** Infringements of Sailing Instruction 1.2 shall not be grounds for protest from one competitor to another, but may result in action from the Jury and or Race Committee.

## **13.0 FORMAT OF RACING & SCORING**

- 13.1** Competitors will all start and race together, but will be scored separately in the following fleets if there is a minimum of five competitors signed up prior to April 26. Fleet scores will be recomputed based on their finish within the fleet rather than using a competitor's finish position in the overall fleet.
  - **Open:** all competitors will be scored in this class
  - **Women:** all competitors who are legally known as being female
- 13.2** **Nightly Scoring** – One race must be completed to constitute an evening of racing. Each competitor's score will be the sum of her scores for all races. The score for each evening will count toward the Season Series scoring.
- 13.3** **Season Series Scoring** - Competitors must register and pay for the entire series by **April 26** to be eligible for overall series scoring. Competitors registered for the Season Series shall serve one evening as a Race Committee volunteer to be eligible for overall series scoring. **The limit for Race Committee is three (3) people on a first call and/or e-mail basis.**
- 13.4** **Throw-outs** - There will be three throw-out evening for the Season Series. One throw-out shall be used as a Race Committee volunteer.

## **14. DISPOSAL OF WASTE OR TRASH**

No competitor shall discharge trash of any kind into the San Francisco Bay. Any competitor observed breaking this rule is subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes rules 60.1(a) and 64.1(a).

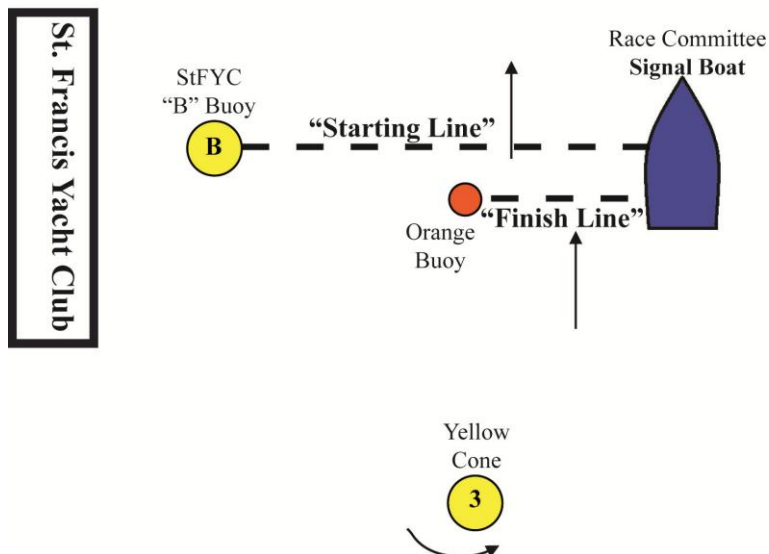
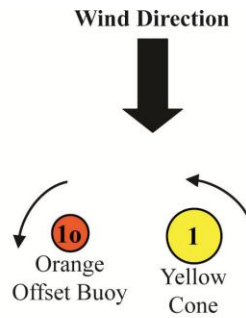
**15. PRIZES**

Prizes will also be awarded based on participation.

**ATTACHMENT A  
OFFICIAL DESCRIPTION OF MARKS AND COURSES**

MARK	DESCRIPTION
<b>1</b>	Inflatable yellow buoy set as a Windward Mark
<b>1o</b>	Orange round buoy set as an Offset Mark
<b>3</b>	Inflatable yellow buoy set as a Leeward Mark

COURSE	ROUNDING ORDER
<b>A</b>	Start → 1(p) → 1o(p) → 3(p) → Finish
<b>B</b>	Start → 1(p) → 1o(p) → 3(p) → 1(p) → 1o(p) → 3(p) Finish
<b>C</b>	Will be described at the Competitors' Meeting



**ATTACHMENT B**  
**COMMERCIAL TRAFFIC, SAFETY**

- B1** As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- B2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta.  
This changes RRS 60.2(a) and 61.3.
- B3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- B4** A boat may be penalized independently under B1, B2 and/or B3. As prescribed in RRS 44.1, violation of any part this appendix shall not be exonerated by a “turns” or Scoring Penalty, and a resulting disqualification shall not be excludable under RRS A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating Inland Navigation Rules (33 CFR 83).