

St. Francis Yacht Club *May 12-13, 2012*

Sailing Instructions

Abbreviations:

PC – protest committee RC – race committee
OA – organizing authority
RRS – racing rules of sailing SI – sailing instructions

NOR - notice of race

1. RULES

- 1.1 The event shall be governed by the *rules* as defined in the 2009-2012 RRS, including Appendix D thereof, as modified by the SI. If there is a conflict between the SI and the NOR, the SI shall prevail. This changes RRS 63.7. The US SAILING Prescriptions to Rule 60, 63.2 and 63.4 do not apply.
- 1.2 The Boat Handling and Equipment Rules (SI Appendix A) shall apply to all races and practice. Class rules shall not apply.
- 1.3 RRS 40 is changed by deleting "When flag Y is displayed with one sound before or with the warning signal,".
- Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.

2. ENTRIES AND ELIGIBILITY

- **2.1** Only clubs invited by the OA are eligible to compete in this event. Teams shall consist of three boats.
- Boats shall be sailed by crews of three or four persons, including the skipper, with a maximum total weight of 650 lbs.
- **2.3** Skippers and crew shall be members in good standing of the clubs they represent unless approved by the RC.
- 2.4 To be eligible to participate, skippers and crew shall complete registration by 0830 Saturday and each skipper shall provide the damage authorization described below. Skipper and/or crew substitutions are allowed provided that the weight, membership and damage authorization provisions are met.

3. COMMUNICATION WITH COMPETITORS

- 3.1 Official Notices shall be posted on the Official Notice Board located in the hallway adjacent to the side (Regatta) entrance of the St. Francis YC.
- 3.2 Amendments to the SI shall be posted before 0900 hours on the day they are to take effect. The SI may be amended on the water by display of flag L with multiple sound signals and the amendments shall be communicated to competitors verbally by the RC or umpires.
- 3.3 Signals made ashore shall be displayed from the St. Francis YC Race Deck. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in the Race Signal AP.
- 3.4 Competitors shall monitor VHF 69 for on the water communication with the RC.

4. SCHEDULE, FORMAT, STARTING ORDER

4.1 Schedule: Friday, May 11 1200-1700 Registration & Weigh In – Race Office

1200-1700 Boats available for practice

Saturday, May 12 0800 Registration & Weigh In – Race Office.

0830 Skippers' Meeting – Chart Room

1000 First Race – subsequent races to follow.1700 (approx) Debrief with umpires – Chart Room.

1900 (approx) Cocktail hour & dinner for skippers and crew

Sunday, May 13 1000 First Race – subsequent races to follow.

1630 (approx) Debrief and awards – Chart Room.

4.2 The format and number of races shall be determined by the RC, with the intent of conducting three round robins, followed by semi-finals and finals, time permitting.

The starting order and boat rotations have been determined by random drawing and are shown in Appendix C.

5. BOATS, SAILS, DAMAGE

5.1 Boats (J22's) shall be supplied by the OA. Only sails supplied with the boats shall be used. Boats shall be identified by sail numbers.

The sail combination to be used will be signaled from the RC boat with or before the warning signal. The signals shall have the following meanings:

Signal Sail Combination to be used
No signal Mainsail, Jib, Spinnaker
Code Flag T Mainsail, Jib (no spinnaker)

- 5.3 Competitors shall inspect their boats before each race for possible breakdowns and missing equipment. Discrepancies shall be reported to the RC immediately and noted on the check-out sheet supplied with each boat irrespective of whether redress for a breakdown is being requested. Competitors shall leave signal flags and radios on the boats when crews swap boats.
- 5.4 Skippers shall authorize charges up of up to \$1,500 to their club account and complete a Damage Charge Authorization Form at registration. The damage authorization is the limit of liability of each skipper for each incident. In the event that a charge is made to the skipper's account, the skipper shall increase the damage authorization to the original value to continue racing.
- **5.5** Each skipper is responsible for the damage or loss to their boat unless fault is otherwise determined by application of the rules by the umpires or PC.
- Unless the skippers agree otherwise, damage to boats during any practice session shall be charged equally against the accounts of the skippers involved in the incident. Competitors may not protest or request redress for actions under this paragraph. This changes Rule 60.1

6. RACING AREA

The intended racing area shall be the City Front. The RC may change the racing area.

7. THE COURSE

- 7.1 The course and marks are as described on Appendix B. The course signal shall be displayed on the RC boat at or before the warning signal.
- **7.1** Courses shall not be shortened. This changes RRS 32.
- 7.2 The RC may move marks of the course provided that no mark shall be moved once a boat has started that leg. RRS 33 shall not apply.

8. THE START

8.1 Races shall be started using RRS Appendix S.

8.2 The starting line shall be between a staff displaying an orange and yellow flag on a RC boat at the starboard end and the course side of a round orange buoy on the port end of the line.

9. OCS

A boat that is OCS and does not return to start properly shall be deemed to have gained an advantage and the RC shall score her accordingly without a hearing. This changes RRS D3.1

10. POSTPONEMENT and ABANDONMENT

Postponement or abandonment shall be signaled verbally by the RC and/or umpires. Abandoned races may be re-sailed and if so, a new warning signal shall be made as soon as practical. This changes RRS 32.

11. THE FINISH

The finishing line shall be between a staff displaying an orange and yellow flag on a RC boat at the starboard end and the course side of a round orange buoy on the port end of the line.

12. UMPIRING, PROTESTS, REDRESS

- 12.1 Umpiring shall be in accordance with RRS D2.2, provided that a "Y" flag shall be used instead of a yellow flag. This changes RRS D2.2(a).
- **12.2** For protests and requests for redress other than protests under a rule listed in RRS D2.2(a), competitors shall inform an umpire or the RC within two minutes of finishing.
- **12.3** RRS D2.4(b) shall apply to all protests and requests for redress.
- 12.4 For hearings involving breakdowns, RRS D5 is changed to replace "race committee" with "umpires".
- 12.5 When rule D5.1 requires a boat to display a red flag, the flag shall be displayed until acknowledged by an umpire. This changes rule D2.1(a).
- 12.6 The first sentence of Rule D2.4(c) is changed to read: "There shall be no request for redress or an appeal by a boat from a decision made under rules D2, D5 (as changed by the SI), and any action or non-action by an umpire."
- 12.7 The umpires shall, when appropriate, attempt to hear protests and requests for redress while afloat. If a protest or redress hearing ashore is necessary, the time, place and nature of the hearing shall be posted on the official notice boards no later than 30 minutes after the RC signal boat docks.

13. PRIZES

The winning club shall be declared the 2012 St. Francis YC Team Racing Invitational Champion and shall be awarded a take-home trophy. The members of the top two teams will be awarded individual trophies.

14. INTERFERENCE WITH OTHER VESSELS

As stated in the preamble to Part 2 of the RRS, when a boat sailing under the RRS meets a vessel that is not, she shall comply with government right-of-way rules. The OA shall cooperate with and provide relevant information to any governmental authority regarding investigations of boats impeding ship traffic or violating government right-of-way rules.

15. RESTRICTED AREAS

- **15.1** Boats shall not cross lines bounded by the following pairs of points:
 - (a) The "H" Beam and the closest point ashore;
 - (b) Anita Rock and the closest point ashore;
 - (c) Anita Rock buoy and the closest point ashore;
 - (d) Anita Rock and the Anita Rock buoy.
- **15.2** The above-mentioned lines are defined as obstructions.
- **15.3** A boat that breaks this rule may not correct her error and shall retire.

A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS D2.2(d). Add to RRS D2.2(d) "(6) broken SI 15.1". This changes RRS D2.2.

16. DISCLAIMER

Competitors shall participate in the regatta entirely at their own risk (see RRS 4). The OA does not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta.

Appendix A -Boat Handling and Equipment Rules

1 Prohibited Items and Actions

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12 Using a winch to adjust the mainsheet, backstay or vang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than compass and watches.
- 1.15 Using the spinnaker pole to wing out the foresail.
- 1.16 Marking directly on the hull or deck with permanent ink.
- 1.17 After the starting signal and while sailing close hauled for more than a few seconds, controlling the main boom position by using anything other than the mainsheet and the vang.
- 1.18 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.19 Attaching the spinnaker pole end to the shrouds.

2 Permitted Items and Actions

The following are permitted.

- 2.1 Taking on board the following equipment:
 - (a) basic hand tools;
 - (b) adhesive tape;
 - (c) line (elastic or otherwise of 4 mm diameter or less);
 - (d) marking pencils;
 - (e) tell tale material;
 - (f) watch, timers and hand held compass;
 - (g) shackles and clevis pins;
 - (h) velcro tape;
 - (i) spare flags; and
 - (j) VHF radio.
- 2.2 Using the items in 2.1 to:
 - (a) prevent fouling of lines, sails and sheets;
 - (b) attach tell tales;
 - (c) prevent sails being damaged or falling overboard;
 - (d) mark control settings;

- (e) make minor repairs and permitted adjustments;
- (f) make signals as per RRS Appendix C6; and
- g) use the VHF to receive instructions from the RC or to contact the RC.
- 2.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 2.4 Changing the number of mainsheet purchases.

3 Mandatory Items and Actions

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 3.2 At the end of each sailing day:
 - (a) rolling, bagging and placement of the sails as directed
 - (b) leaving the boat in the same state of cleanliness as when first boarded that day
 - (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5 A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

4 Equipment List

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

Sails and Sailing Equipment

Mainsail and set of battens

Jib

Spinnaker

One winch handle

Two winch handle holders

One spinnaker pole

Two spinnaker sheets

Two headsail sheets

Tiller extension

Jib cars

Competitor flag set

Safety Gear

First aid kit

Bucket and sponge

Flares

Type IV throwable PFD

Four adult PFDs

Bilge pump

Paddle

Tow line

Anchor with chain and line VHF Radio
Mooring Lines and Fenders
Three mooring lines
Two fenders

Appendix B

COURSE SHEET

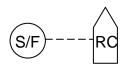
| MARK | DESCRIPTION |
|------|--------------------------------------------------------------------------------------------|
| 1 | Yellow inflatable buoy |
| 2 | Yellow inflatable buoy |
| 3 | Yellow inflatable buoy |
| 4 | Yellow inflatable buoy |
| S/F | Orange inflatable buoy set as start/finish mark to port (looking upwind) of RC signal boat |

COURSE

Signal Course
No signal Start - 1s - 2s - 3p - 4p - Finish
Flag C Start - 2p - 1p - 4s - 3s - Finish

(not to scale)





Appendix C

Competitors and Pairings

Designation Team

SD San Diego YC
Red St. Francis YC Red
NH Newport Harbor YC

Sea Seattle YC

Blue St. Francis YC Blue

| | | Boats 1-3 | Boats 4-6 | Boats 7-9 | | |
|-----------|--------|--------------|----------------|-----------|-------------|--------------|
| <u>RR</u> | Race # | <u>(Red)</u> | <u>(Green)</u> | (Black) | <u>Race</u> | <u>Score</u> |
| 1 | 1 | SD | Red | NH | SD v Red | |
| 1 | 2 | Sea | Red | NH | Red v NH | |
| 1 | 3 | Sea | Blue | NH | NH v Sea | |
| 1 | 4 | Sea | Blue | SD | Sea v Blue | |
| 1 | 5 | NH | Blue | SD | SD v Blue | |
| 1 | 6 | NH | Blue | SD | SD v NH | |
| 1 | 7 | NH | Blue | Red | NH v Blue | |
| 1 | 8 | Sea | Blue | Red | Red v Blue | |
| 1 | 9 | Sea | SD | Red | Red v Sea | |
| 1 | 10 | Sea | SD | Blue | SD v Sea | |
| 2 | 11 | NH | SD | Blue | SD v Blue | |
| 2 | 12 | NH | Sea | Blue | NH v Blue | |
| 2 | 13 | NH | Sea | Red | NH v Sea | |
| 2 | 14 | SD | Sea | Red | Red v Sea | |
| 2 | 15 | SD | NH | Red | SD v Red | |
| 2 | 16 | SD | NH | Red | SD v NH | |
| 2 | 17 | Blue | NH | Red | Red v NH | |
| 2 | 18 | Blue | Sea | Red | Red v Blue | |
| 2 | 19 | Blue | Sea | SD | Sea v Blue | |
| 2 | 20 | NH | Sea | SD | SD v Sea | |
| 3 | 21 | NH | Red | SD | SD v NH | |
| 3 | 22 | NH | Red | Blue | Red v NH | |
| 3 | 23 | Sea | Red | Blue | Red v Blue | |
| 3 | 24 | Sea | SD | Blue | Sea v Blue | |
| 3 | 25 | Sea | SD | Red | SD v Sea | |
| 3 | 26 | Sea | SD | Red | SD v Red | |
| 3 | 27 | Sea | NH | Red | Red v Sea | |
| 3 | 28 | Sea | NH | Blue | NH v Sea | |
| 3 | 29 | SD | NH | Blue | NH v Blue | |
| 3 | 30 | SD | | Blue | SD v Blue | |