



**OPTI HEAVY WEATHER REGATTA**  
**St. Francis Yacht Club**  
June 20-23, 2013

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1** The regatta shall be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and the USODA conditions.
- 1.2** All competitors are required to wear a life jacket or other adequate personal floatation device while racing. RRS is changed as follows: The "Y" flag will not be displayed.

**2. ENTRIES**

Eligible boats shall complete registration online ([www.stfyc.com](http://www.stfyc.com)) prior to 1200 hours on June 20, 2013.

**3. COMMUNICATION WITH COMPETITORS**

- 3.1** A Skipper's Meeting for Green Fleet will be held at 0900 hours on Friday, June 21. A Skipper's Meeting for White, Blue and Red Fleets will be held at 1030 hours on Friday, June 21.
- 3.2** Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3** Changes to the Sailing Instructions will be posted by 1045 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number & Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- 3.4** Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.5** Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.
- 3.6** Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck. When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.

**4. NUMBER & SCHEDULE OF RACES**

- 4.1** Late Registration: Thursday, June 20 from 1000 to 1200 hours.
- 4.2** Practice Race for the Red, White, and Blue Fleets: Thursday, June 20 at 1300 hours.
- 4.3** The scheduled time of the first Warning Signal for Green Fleet each day is 1000 hours.
- 4.4** The scheduled time of the first Warning Signal each day for the White, Blue and Red Fleets is 1200 hours.
- 4.5** Eleven races are scheduled in the series.

**5. RACING AREA**

The intended racing area will be either the water between Fort Mason and the San Francisco Marina or on the San Francisco City Front directly north of the St Francis YC Clubhouse.

**6. COURSES & MARKS**

- 6.1** The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 6.2** No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.

**7. THE START**

- 7.1** The class flag will be a white flag with a black Optimist insignia.
- 7.2** The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a red cone set to port or an orange and yellow striped flag mounted on a pin boat set to port.
- 7.3** A boat shall not start later than four minutes after her starting signal. A boat that starts later than four minutes after her starting signal will be scored DNS. This changes RRS 35.

**8. RECALLS**

The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line after the starting signal by loud hailer. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

**9. THE FINISH**

The Finish Line will be between a staff displaying an orange and yellow striped flag on the Race Committee Signal Boat and an orange round mark set to port.

**10. TIME LIMIT FOR EACH RACE**

The Time Limit for each race will be 90 minutes. A boat failing to finish within 20 minutes after the first boat in her class sails the course and finishes will be scored DNF by the Race Committee. This Changes RRS 35.

**11. PROTESTS AND REQUESTS FOR REDRESS**

**11.1** Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms are available at the Front Desk of StFYC. Protests shall be lodged at the Front Desk of the StFYC within 60 minutes after the arrival of the Race Committee Signal Boat ashore. This time limit will be posted on the Official Regatta Notice Board.

**11.2** The time and place of all hearing(s), the boat(s) protesting, boat(s) being protested and boat(s) requesting redress will be posted on the Official Notice Board within 90 minutes after the arrival of the Race Committee Signal Boat ashore. This shall serve as notification as per RRS 63.2.

**11.3** A request to reopen a hearing on the last day of racing must be delivered to the front desk of the StFYC within 60 minutes of the parties to the protest receiving the Jury's decision (oral or written). This changes RRS 66.

**12. RESTRICTED AREAS**

Boats shall not pass through the "H" Beam (located approximately 200 yards west of the St. Francis YC). This restricted area is defined as an obstruction and a boat that breaks this rule may not correct her error and shall retire. This changes RRS 28.1.

**13. DISPOSAL OF WASTE OR TRASH**

No boat shall discharge trash of any kind into the San Francisco Bay. Any boat observed breaking this rule is subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes rules 60.1(a) and 64.1(a).

**14. SCORING**

**14.1** One race shall constitute a series.

**14.2** If fewer than five races are completed, a boat's series score shall be the total of her race scores. If five or more races are completed, a boat's series score shall be the total of her race scores excluding her worst score.

**15. PRIZES**

Prizes will be awarded to the top three finishers in each fleet for the Opti Heavy Weather Regatta.

**Additional Notices**

**BERTHING**

- Boats must be stored at the direction of the StFYC Dockmaster. A permit will need to be obtained from the StFYC Race Office for any trailers parking overnight in the city lot. Please do not leave dollies on the floating docks after launching.

**ATTACHMENT A**  
**OFFICIAL DESCRIPTION OF MARKS AND COURSES**

MARK	DESCRIPTION
<b>1</b>	Inflatable yellow cone set as a Windward Mark
<b>1o</b>	Inflatable red cone set as an Offset Mark to be rounded in the same direction as the Windward Mark.
<b>2</b>	Inflatable yellow cone set as a Gybe Mark
<b>3</b>	Inflatable yellow cone set as a Leeward Mark or yellow cones set as a Leeward Gate (boats must pass between the two gate marks)
<b>Start Line</b>	The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a red cone set to port or an orange and yellow striped flag mounted on a pin boat set to port.
<b>Finish Line</b>	The Finish Line will be between a staff displaying an orange and yellow striped flag on the Race Committee Signal Boat and an orange round mark set to port.

COURSE	ROUNDING ORDER
<b>A</b>	Start → 1(p) → 1o(p) → 3gate → Finish
<b>B</b>	Start → 1(s) → 1o(s) → 3gate → Finish
<b>C</b>	Start → 1(p) → 1o(p) → 3gate → 1(p) → 1o(p) → 3gate → Finish
<b>D</b>	Start → 1(s) → 1o(s) → 3gate → 1(s) → 1o(s) → 3gate → Finish
<b>E</b>	Start → 1(p) → 2(p) → 3(p) → Finish
<b>F</b>	Start → 1(s) → 2(s) → 3(s) → Finish
<b>D</b>	Start → 1(p) → 2(p) → 3(p) → 1(p) → 3(p) → Finish
<b>G</b>	Start → 1(s) → 2(s) → 3(s) → 1(s) → 3(s) → Finish
	(p) = to Port      (s) = to Starboard

**ATTACHMENT B**  
**COMMERCIAL TRAFFIC, SAFETY**

- B1** Boats shall not impede the passage of commercial vessels and shall comply with the U.S. Inland Navigation Rules Act of 1980.
- B2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta.  
This changes RRS 60.2(a) and 61.3.
- B3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- B4** A boat may be penalized independently under B1, B2 and/or B3. An After Race Scoring Penalty (ARSP) shall not be available to a boat for violating any part this attachment, and a resulting disqualification shall not be excludable under RRS A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules.