SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS), as modified by the Notice of Race and these Sailing Instructions.
- 1.2 All competitors except those in the Kiteboard and the Formula Windsurf classes are required to wear a life jacket or other adequate personal flotation device. RRS 40 is changed as follows: The "Y" flag will not be displayed.
- 1.3 Competitors in the Kiteboard and Formula Windsurf classes shall wear wetsuits with a minimum thickness of 3/2mm, which cover the knees and have short sleeves as minimum coverage.
- **1.4** Kiteboarders shall wear their assigned numbered jerseys.

2. ENTRIES

Eligible boats shall complete registration online (www.stfyc.com).

3. COMMUNICATION WITH COMPETITORS

- **3.1** A Sailors' Meeting will be held at 1000 hours on Saturday, March 9.
- 3.2 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (regatta) entrance of StFYC.
- 3.3 Changes to the Sailing Instructions will be posted by 1015 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number & Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- 3.4 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck. When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This modifies Race Signals for AP Signal.
- Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.
- **3.6** On the water, the Signal boat intends to use a loud hailer for verbal communication.

4. NUMBER & SCHEDULE OF RACES

- **4.1** Six races are scheduled for all classes, with three races on Saturday and three races on Sunday.
- 4.2 The First Warning Signal will be at 1130 hours on Saturday and 1100 hours on Sunday. For the Kiteboard and Formula Windsurf classes the first intended Warning Signal will be announced by 1300 hours on the beach.

5. RACING AREA

- **5.1.** Two venues will be used.
- **5.2.** The intended course location for the Alpha Course will be the San Francisco City Front and the intended course location for the Bravo Course will be West of Alcatraz Island.
- **5.3.** Club 420s, Laser Standards, Laser Radials, Kiteboards, and Formula Windsurfers will sail on the Alpha Course.
- **5.4.** 29ers, 505s, F18s, Finns, and Wetas will sail on the Bravo Course.

6. COURSES & MARKS

- **6.1.** The courses and marks are described in Attachment A Official Description of Marks and Courses.
- **6.2.** A placard designating the course will be displayed from the Signal Boat.

7. THE START

7.1 The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a Red Inflatable cone **OR** an orange and yellow striped flag on the pin boat.

7.2 A boat shall not start later than four minutes after her starting signal. A boat that starts later than four minutes after her starting signal will be scored DNS. This changes RRS 35.

7.3.	Class Flags:	29ers: white flag with black class insignia
		505s: white flag with black class insignia
		Club 420s: white flag with black class insignia

F18s: white flag with black class insignia
Finns: white flag with black class insignia
Laser Standards: ... white flag with a red class insignia
Laser Radial: green flag with a red class insignia
Formula: white flag with a blue and red insignia

Kites: white flag with black class insignia

Wetas:..... white flag with black class insignia

8. RECALLS

The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line after the starting signal. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

9. THE FINISH

- 9.1 For Downwind Finishes (Courses A-D & G-H), the finish line will be between a staff displaying an orange and yellow striped flag on the Signal boat and an orange sphere at the port end (facing downwind), opposite the starting line.
- **9.2** For Upwind Finishes (Courses E & F), the finish line will be between a staff displaying an orange and yellow striped flag on a race committee boat and an orange sphere at the port end (facing upwind).

10. TIME LIMIT FOR EACH RACE

The Time Limit for each race will be 90 minutes. For all classes except Kiteboard and Formula Windsurf boats failing to finish within 20 minutes after the first boat in her class will be scored "DNF" by the Race Committee. Kiteboard and Formula Windsurf sailors failing to finish within 10 minutes of the first boat in her class will be scored DNF by the Race Committee. This changes RRS 35.

11. PROTESTS

- 11.1 Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms are available at the St. Francis Yacht Club Jury Desk. For all fleets, except the Kiteboards and Formula Windsurfers, protests and requests for redress shall be lodged with the Race Committee Representative at the Jury Desk within 60 minutes after the last finisher in the last fleet. The protest filing times will be posted on the Official Regatta Notice Board. For the Kiteboard and Formula Windsurf classes, protests and requests for redress shall be lodged with the Race Committee Representative at the Jury Desk within 60 minutes after the last finisher in their respective fleets.
- 11.2 The time, place, and parties to all protest and redress hearing(s) will be posted on the Official Regatta Notice Board within 30 minutes after the close of filing time in 11.1 above. This shall serve as notification as per RRS 63.2.
- 11.3 A request to reopen a hearing on the last day of racing must be delivered to the Front Desk of the St. Francis Yacht Club within 60 minutes of the announcement of the Protest Committee's decision (oral or written). This changes RRS 66.

12. RESTRICTED AREAS

- **12.1** Boats shall not pass through the areas bound by the following objects and the closest point ashore:
 - (a) The "H" Beam (located approximately 200 yards west of the St. Francis YC).
 - (b) The Bell Buoy off the west end of Alcatraz Island.
 - (c) All breakwaters in the vicinity of Fisherman's Wharf and Aquatic Park.
 - (d) Round orange buoys set off of Piers 39, Pier 45, and the SF Marina entrance (if set).
 - (e) The wave attenuating dock adjacent to the SF Marina entrance.
- **12.2** Boats shall not pass through Anita Rock and its buoy.

- **12.3** The above-mentioned areas are defined as obstructions.
- 12.4 A boat that breaks this rule may not correct her error per RRS 28.1 and shall retire. This changes RRS 28.1.

13. DISPOSAL OF WASTE OR TRASH

No boat shall discharge trash of any kind into the San Francisco Bay. Any boat observed breaking this rule is subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes rules 60.1(a) and 64.1(a).

14. SCORING

- **14.1** One race must be completed to constitute a series.
- 14.2 If five races or more are completed, a boat may discard her worst score. This changes RRS Appendix A2.

15. PRIZES

Trophies will be awarded based upon class participation.

Additional Notices

BERTHING, HAUL OUT & TRAILER STORAGE

- Competitors' Boats may be stored, free of charge in the parking lot east of the StFYC clubhouse.
- If you plan on leaving a trailer in the City parking lot, an overnight parking permit must be obtained from the Race Office.

ATTACHMENT A OFFICIAL DESCRIPTION OF MARKS AND COURSES

MARK	DESCRIPTION
1	Inflatable yellow buoy set as a Windward Mark
10	Inflatable red buoy set as an offset
3g	Inflatable yellow buoys set as a Leeward Gate

COURSE	ROUNDING ORDER P = Port S = Starboard
Α	Start \rightarrow 1(p) \rightarrow 1o(p) \rightarrow Finish (downwind)
В	Start \rightarrow 1(s) \rightarrow 1o(s) \rightarrow Finish (downwind)
С	Start \rightarrow 1(p) \rightarrow 1o(p) \rightarrow 3g \rightarrow 1(p) \rightarrow 1o(p) \rightarrow Finish (downwind)
D	Start \rightarrow 1(s) \rightarrow 1o(s) \rightarrow 3g \rightarrow 1(s) \rightarrow 1o(s) \rightarrow Finish (downwind)
E	Start \rightarrow 1(p) \rightarrow 1o(p) \rightarrow 3g \rightarrow 1(p) \rightarrow 1o(p) \rightarrow 3g \rightarrow Finish (upwind)
F	Start \rightarrow 1(s) \rightarrow 1o(s) \rightarrow 3g \rightarrow 1(s) \rightarrow 1o(s) \rightarrow 3g \rightarrow Finish (upwind)
G	Start \rightarrow 1(p) \rightarrow 1o(p) \rightarrow 3g \rightarrow 1(p) \rightarrow 1o(p) \rightarrow 3g \rightarrow 1(p) \rightarrow 1o(p) \rightarrow Finish (downwind)
Н	Start \rightarrow 1(s) \rightarrow 10(s) \rightarrow 3g \rightarrow 1(s) \rightarrow 10(s) \rightarrow 3g \rightarrow 1(s) \rightarrow 10(s) \rightarrow Finish (downwind)

ATTACHMENT B COMMERCIAL TRAFFIC, SAFETY

- As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta.

 This changes RRS 60.2(a) and 61.3.
- A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- A boat may be penalized independently under B1, B2 and/or B3. As prescribed in RRS 44.1, violation of any part this appendix shall not be exonerated by a "turns" or Scoring Penalty, and a resulting disqualification shall not be excludable under RRS A2. StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating Inland Navigation Rules (33 CFR 83).