



## 2v2 Random Pairs Team Race Regatta

St. Francis Yacht Club

April 19, 2014

### SAILING INSTRUCTIONS

#### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and RRS Appendix D.
- 1.2 Rules for boats, equipment and handling of boats will be discussed at the Competitors' Meeting. Class rules will not apply.
- 1.3 RRS 40 is changed as follows: Competitors shall wear personal flotation devices while racing, except when below deck or briefly while changing or adjusting clothing or personal equipment.
- 1.4 Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.5 Competitors are to register as individual boats. The random pairs format pairs each boat with a different teammate for each race of a full round robin, with a boat's individual win/loss record used to determine overall scoring.

#### 2. ENTRIES AND ELIGIBILITY

- 2.1 Participants must be a member in good standing of the StFYC. Exceptions may be granted to written requests (e.g. e-mail) by the OA.
- 2.2 Boats shall be sailed by crews of three or four persons, including the helmsman.
- 2.3 Each person who shall helm a boat shall provide the damage authorization described below.

#### 3. COMMUNICATION WITH COMPETITORS

- 3.1 A Competitors' Meeting will be held at StFYC on Saturday, April 19 at 1000 hours.
- 3.2 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3 Changes to the Sailing Instructions will be posted by 1030 hours on the day they are to take effect. The Sailing Instructions may be amended on the water by display of flag L and the amendments shall be communicated to competitors by the RC or umpires.
- 3.5 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.5 When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.
- 3.6 Competitors shall monitor VHF 72 for on the water communication with the Race Committee.

#### 4. SCHEDULE, FORMAT, STARTING ORDER

- 4.1 Schedule
  - 1000 Competitors' Meeting
  - 1130 First Race – subsequent races to follow
  - 1600 Last Race shall not be started after this time
  - 1630 (approx) Debrief
- 4.2 The format and number of races shall be determined by the Race Committee, with the intent of conducting as many races as possible.
- 4.3 The starting order and boat assignments have been determined by a random draw and are shown on Attachment C. Each boat shall display the appropriate blue or yellow flag from its starboard lower backstay while racing

#### 5. BOATS, DAMAGE

- 5.1 Boats (J22s) shall be supplied by the StFYC. Only sails supplied with the boats (main and jib) shall be used. The OA has taken all reasonable steps to equalize the boats, and variations will not be grounds for redress. This changes RRS 62.
- 5.2 Competitors shall inspect their boats before each race for possible breakdowns and missing equipment. Discrepancies shall be reported to the RC immediately and noted on the check-out sheet supplied with each boat irrespective of whether redress for a breakdown is being requested.
- 5.3 Each skipper shall authorize charges of up to \$1,500 to their club account by completing a Damage Charge Authorization Form at registration. Any skipper found responsible by the Protest Committee or umpires, or by the Race Committee if not racing, for causing damage shall have the amount of the damage (as determined by the Race Committee) charged to their club account. Any damage or loss which cannot be identified as having been caused by a specific skipper shall be charged to the last skipper to use the boat. Significant damage (\$250 or more) attributable to a skipper may require that additional charges be authorized before participation by that skipper continues.

- 5.4 Unless the skippers agree otherwise, damage to boats during any practice session shall be charged equally against the accounts of the skippers involved in the incident. Competitors may not protest or request redress for actions under this paragraph. This changes Rule 60.1.
- 6. RACING AREA**  
Races will be conducted on the San Francisco City Front. The Race Committee may change the racing area.
- 7. THE COURSE**  
7.1 The course and marks are described on Appendix B.  
7.2 Courses shall not be shortened. This changes RRS 32.  
7.3 The Race Committee may move marks of the course provided that no mark shall be moved once a boat has started that leg. RRS 33 shall not apply.
- 8. THE START**  
8.1 Races shall be started using RRS Appendix S.  
8.2 The starting line shall be between a staff displaying an orange and yellow flag on a Race Committee boat at the starboard end (looking upwind) and the course side of a round orange buoy on the port end of the line.
- 9. ABANDONMENT**  
Abandonment shall be signaled orally by the Race Committee and/or umpires. Abandoned races may be re-sailed and if so, a new warning signal shall be made as soon as practical. This changes RRS 32.
- 10. THE FINISH**  
The finishing line shall be between a staff displaying an orange and yellow flag on a Race Committee boat at the starboard end (looking upwind) and the course side of the port end round orange starting line buoy.
- 11. TIME LIMIT**  
Boats that fail to finish within five minutes of the first boat that has properly sailed the course shall be scored as DNF without a hearing. This changes RRS 35, A 4 and A 5.
- 12. UMPIRING, PROTESTS, REDRESS**  
12.1. Umpiring shall be in accordance with RRS D2.
- 13. RESTRICTED AREAS**  
13.1 For safety reasons, each of the lines bounded by the following two points is an obstruction:  
a) The SF Marina entrance Wave Attenuator and the closest point ashore.  
b) The "H" Beam piling (located approximately 200 yards west of the StFYC) and the closest point ashore.  
c) Anita Rock Light and a yellow buoy "AR" (located approximately 100 yards northwest of the Anita Rock Light).  
d) Anita Rock Light and the closest point ashore.  
13.2 Boats are prohibited from sailing across any of these lines while racing.  
13.3 A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS D2.3. Add to RRS D2.3 "(h) broken SI 13.1". This changes RRS D2.3.
- 14. INTERFERENCE WITH OTHER VESSELS**  
As stated in the preamble to Part 2 of the RRS, when a boat sailing under the RRS meets a vessel that is not, she shall comply with government right-of-way rules. The OA shall cooperate with and provide relevant information to any governmental authority regarding investigations of boats impeding ship traffic or violating government right-of-way rules.
- 15. DISPOSAL OF WASTE OR TRASH**  
Boats observed breaking RRS 55 are subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. Discarding elastic or fiber bands or ties when setting a sail is permitted. This changes RRS 55, 60.1(a) and 64.1.

## ATTACHMENT A

### Boat Handling and Equipment Rules

#### **1 PROHIBITED ITEMS and ACTIONS**

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC, or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12 Using a winch to adjust the mainsheet, backstay or vang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than compass and watches.
- 1.15 Using the spinnaker pole to wing out the foresail.
- 1.16 Marking directly on the hull or deck with permanent ink.
- 1.17 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.18 Attaching the spinnaker pole end to the shrouds.

#### **2 PERMITTED ITEMS and ACTIONS**

The following are permitted.

- 2.1 Taking on board the following equipment:
  - (a) basic hand tools
  - (b) adhesive tape
  - (c) line (elastic or otherwise of 4 mm diameter or less)
  - (d) marking pencils
  - (e) tell tale material
  - (f) watch, timers and hand held compass
  - (g) shackles and clevis pins
  - (h) velcro tape
  - (i) spare flags
  - (j) VHF radio
- 2.2 Using the items in 3.1 to:
  - (a) prevent fouling of lines, sails and sheets
  - (b) attach tell tales
  - (c) prevent sails being damaged or falling overboard
  - (d) mark control settings
  - (e) make minor repairs and permitted adjustments
  - (f) make signals as per Appendix C6
  - (g) use the VHF to receive instructions from the RC or to contact the RC
- 2.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 2.4 Changing the number of mainsheet purchases.

#### **3 MANDATORY ITEMS and ACTIONS**

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters, which could cause damage or disadvantage to the boat in future matches.
- 3.2 At the end of each sailing day:
  - (a) rolling, bagging and placement of the sails as directed

- (b) leaving the boat in the same state of cleanliness as when first boarded that day
- (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5 A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

#### **4 EQUIPMENT LIST**

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

##### **SAILS and SAILING EQUIPMENT**

- Mainsail and set of battens
- Jib
- Spinnaker
- One winch handle
- Two winch handle holders
- One spinnaker pole
- Two spinnaker sheets
- Two headsail sheets
- Tiller extension
- Jib cars
- Competitor flag set

##### **SAFETY GEAR**

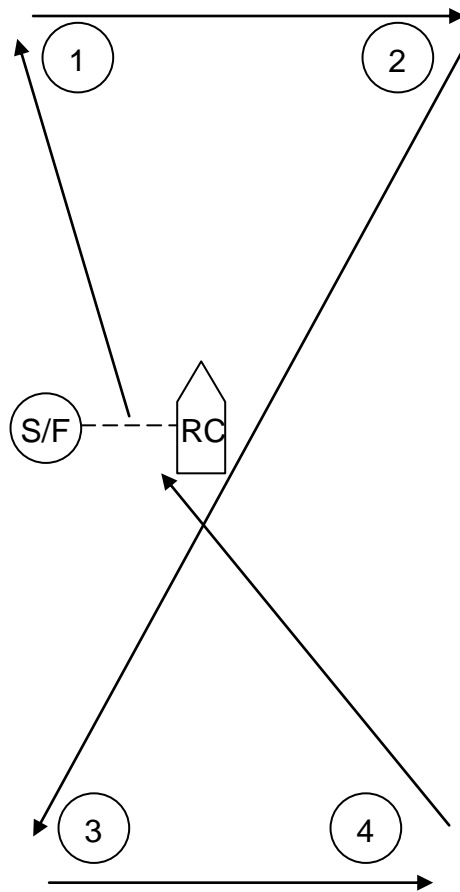
- First aid kit
- Bucket and sponge
- Flares
- Type IV throwable PFD
- Four adult PFDs
- Bilge pump
- Paddle
- Tow line
- Anchor with chain and line
- VHF Radio

##### **MOORING LINES and FENDERS**

- Three mooring lines
- Two fenders

**ATTACHMENT B**  
**Course Sheet**

<b>MARK</b>	<b>DESCRIPTION</b>
<b>1</b>	Yellow buoy set as a windward mark
<b>2</b>	Yellow buoy set as reaching mark
<b>3</b>	Yellow buoy set as a leeward mark
<b>4</b>	Yellow buoy set as reaching mark
<b>S / F</b>	Orange ball set to port of Signal Boat as start and finish mark
<b>COURSE</b>	Start – 1s – 2s – 3p – 4p – Finish (not to scale)



**ATTACHMENT C**  
**Boat Assignments & Schedule of Races**

<u>Boat Number</u>	<u>Skipper</u>	<u>Boat Number</u>	<u>Skipper</u>
1	Paul Heineken	6	Evan Brown
2	Jim Cascino	7	Jon Andron
3	Tracy Usher	8	Mark Adams
4	Jackson Benvenuti	9	Mike Martin
5	Peter Stoneberg	10	Michael Menninger

<b>FIRST START OF FLIGHT</b>					<b>SECOND START OF FLIGHT</b>					<b>Sitting Out</b>			
<u>Race #</u>	<u>Team Blue</u>		<u>vs.</u>	<u>Team Yellow</u>		<u>Race #</u>	<u>Team Blue</u>		<u>vs.</u>	<u>Team Yellow</u>		<u>Sitting Out</u>	
#1	1 Heineken	2 Cascino	vs.	3 Usher	4 Benvenuti	#2	5 Stoneberg	6 Brown	vs.	7 Andron	8 Adams	9 Martin	10 Menninger
#3	1 Heineken	3 Usher	vs.	10 Menninger	9 Martin	#4	2 Cascino	4 Benvenuti	vs.	6 Brown	7 Andron	5 Stoneberg	8 Adams
#5	1 Heineken	10 Menninger	vs.	8 Adams	5 Stoneberg	#6	3 Usher	9 Martin	vs.	4 Benvenuti	6 Brown	2 Cascino	7 Andron
#7	1 Heineken	8 Adams	vs.	7 Andron	2 Cascino	#8	10 Menninger	5 Stoneberg	vs.	9 Martin	4 Benvenuti	3 Usher	6 Brown
#9	10 Menninger	7 Andron	vs.	6 Brown	3 Usher	#10	8 Adams	2 Cascino	vs.	5 Stoneberg	9 Martin	1 Heineken	4 Benvenuti
#11	1 Heineken	6 Brown	vs.	4 Benvenuti	10 Menninger	#12	7 Andron	3 Usher	vs.	2 Cascino	5 Stoneberg	8 Adams	9 Martin
#13	1 Heineken	4 Benvenuti	vs.	9 Martin	8 Adams	#14	6 Brown	10 Menninger	vs.	3 Usher	2 Cascino	7 Andron	5 Stoneberg
#15	1 Heineken	9 Martin	vs.	5 Stoneberg	7 Andron	#16	4 Benvenuti	8 Adams	vs.	10 Menninger	3 Usher	6 Brown	2 Cascino
#17	1 Heineken	5 Stoneberg	vs.	2 Cascino	6 Brown	#18	9 Martin	7 Andron	vs.	8 Adams	10 Menninger	4 Benvenuti	3 Usher
#19	9 Martin	2 Cascino	vs.	3 Usher	5 Stoneberg	#20	4 Benvenuti	7 Andron	vs.	6 Brown	8 Adams	1 Heineken	10 Menninger
#21	1 Heineken	7 Andron	vs.	10 Menninger	2 Cascino	#22	6 Brown	9 Martin	vs.	8 Adams	3 Usher	5 Stoneberg	4 Benvenuti
#23	1 Heineken	10 Menninger	vs.	4 Benvenuti	5 Stoneberg	#24	7 Andron	2 Cascino	vs.	9 Martin	8 Adams	6 Brown	3 Usher
#25	1 Heineken	4 Benvenuti	vs.	3 Usher	6 Brown	#26	10 Menninger	5 Stoneberg	vs.	2 Cascino	9 Martin	7 Andron	8 Adams
#27	1 Heineken	3 Usher	vs.	8 Adams	7 Andron	#28	4 Benvenuti	6 Brown	vs.	5 Stoneberg	2 Cascino	10 Menninger	9 Martin
#29	4 Benvenuti	8 Adams	vs.	9 Martin	10 Menninger	#30	3 Usher	7 Andron	vs.	6 Brown	5 Stoneberg	1 Heineken	2 Cascino
#31	1 Heineken	9 Martin	vs.	2 Cascino	4 Benvenuti	#32	8 Adams	10 Menninger	vs.	7 Andron	6 Brown	3 Usher	5 Stoneberg
#33	1 Heineken	2 Cascino	vs.	5 Stoneberg	3 Usher	#34	9 Martin	4 Benvenuti	vs.	10 Menninger	7 Andron	8 Adams	6 Brown
#35	1 Heineken	5 Stoneberg	vs.	6 Brown	8 Adams	#36	2 Cascino	3 Usher	vs.	4 Benvenuti	10 Menninger	9 Martin	7 Andron
#37	1 Heineken	6 Brown	vs.	7 Andron	9 Martin	#38	5 Stoneberg	8 Adams	vs.	3 Usher	4 Benvenuti	2 Cascino	10 Menninger
#39	5 Stoneberg	7 Andron	vs.	9 Martin	3 Usher	#40	10 Menninger	6 Brown	vs.	8 Adams	2 Cascino	1 Heineken	4 Benvenuti