



## Team Racing Scrimmage

St. Francis Yacht Club

July 26, 2014

### SAILING INSTRUCTIONS

#### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and RRS Appendix D.
- 1.2 Rules for boats, equipment and handling of boats will be discussed at the Competitors' Meeting. Class rules will not apply.
- 1.3 RRS 40 is changed as follows: Competitors shall wear personal flotation devices while racing, except when below deck or briefly while changing or adjusting clothing or personal equipment.
- 1.4 Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.

#### 2. COMMUNICATION WITH COMPETITORS

- 2.1 A Competitors' Meeting will be held at StFYC on Saturday, July 26th at 1000 hours.
- 2.2 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 2.3 Changes to the Sailing Instructions will be posted by 1030 hours on the day they are to take effect. The Sailing Instructions may be amended on the water by display of flag L and the amendments shall be communicated to competitors by the RC or umpires.
- 2.4 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 2.5 When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.
- 2.6 Competitors shall monitor VHF 69 for on the water communication with the Race Committee.

#### 3. SCHEDULE, FORMAT, STARTING ORDER

- 3.1 Schedule:
  - 1000 Competitors' Meeting
  - 1130 (approx) First Race – subsequent races to follow
  - 1600 (approx) Last Race shall not be started after this time
  - 1630 (approx) Debrief
- 3.2 The format and number of races will be determined by the Race Committee, with the intent of conducting as many races as possible.
- 3.3 The starting order and boat assignments have been determined by a random draw and are shown on Attachment C. Each boat shall display the appropriate blue or yellow flag from its starboard lower backstay while racing.

#### 4. BOATS, SAILS, & DAMAGE

- 4.1 Boats (J22s) will be supplied by the StFYC. Only sails supplied with the boats (main and jib) shall be used.
- 4.2 Competitors shall inspect their boats before each race for possible breakdowns and missing equipment. Discrepancies shall be reported to the RC immediately and noted on the check-out sheet supplied with each boat irrespective of whether redress for a breakdown is being requested.
- 4.3 Each skipper shall authorize charges of up to \$1,500 to their club account by completing a Damage Charge Authorization Form at registration. Any skipper found responsible by the Protest Committee or umpires, or by the Race Committee if not racing, for causing damage shall have the amount of the damage (as determined by the Race Committee) charged to their club account. Any damage or loss which cannot be identified as having been caused by a specific skipper shall be charged to the last skipper to use the boat. Significant damage (\$250 or more) attributable to a skipper may require that additional charges be authorized before participation by that skipper continues.

#### 5. RACING AREA

Races will be conducted on the San Francisco City Front directly north of the St. Francis clubhouse or the water between Fort Mason and the San Francisco Marina.

#### 6. THE COURSE

- 6.1 The course and marks are described on Appendix B.
- 6.2 Courses will not be shortened. This changes RRS 32.

- 6.3** The Race Committee may move marks of the course without signaling provided that no mark shall be moved once a boat has started that leg. This changes RRS 33.
- 7. THE START**
- 7.1** Races will be started using RRS Appendix S.
- 7.2** The starting line will be between a staff displaying an orange and yellow flag on a RC boat at the starboard end and a round orange buoy on the port end of the line.
- 8. ABANDONMENT**
- Abandonment shall be signaled orally by the Race Committee. Abandoned races may be re-sailed and if so, a new warning signal shall be made as soon as practical. This changes RRS 32.
- 9. THE FINISH**
- The finishing line will be between a staff displaying an orange and yellow flag on a RC boat at the starboard end and a round orange buoy on the port end of the line.
- 10. TIME LIMIT**
- Boats failing to finish within five minutes of the first boat that has properly sailed the course shall be scored as DNF without a hearing. This changes RRS 35, A4 and A5.
- 11. UMPIRING, PROTESTS, REDRESS**
- Umpiring shall be in accordance with RRS D2.
- 12. RESTRICTED AREAS**
- 12.1** For safety reasons, each of the lines bounded by the following two points is an obstruction:
- a) The SF Marina entrance Wave Attenuator and the closest point ashore.
  - b) The "H" Beam piling (located approximately 200 yards west of the St. Francis YC) and the closest point ashore.
  - c) Anita Rock Light and a yellow buoy "AR" (located approximately 100 yards northwest of the Anita Rock Light).
  - d) Anita Rock Light and the closest point ashore.
- 12.2** Boats are prohibited from sailing across any of these lines while racing.
- 12.3** A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS D2.3. Add to RRS D2.3 "(h) broken SI 15.1". This changes RRS D2.3.
- 13. COMMERCIAL TRAFFIC, SAFETY**
- 13.1** As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- 13.2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta. This changes RRS 60.2(a) and 61.3.
- 13.3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- 13.4** Boats may not take a penalty under rule 44 for breaking any part of this SI, and a resulting disqualification shall not be excludable under rule A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).
- 14. DISPOSAL OF WASTE OR TRASH**
- Boats observed breaking RRS 55 are subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. Discarding elastic or fiber bands or ties when setting a sail is permitted. This changes RRS 55, 60.1(a) and 64.1.

## **ATTACHMENT A**

### **Boat Handling and Equipment Rules**

#### **1 PROHIBITED ITEMS and ACTIONS**

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC, or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12 Using a winch to adjust the mainsheet, backstay or vang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than compass and watches.
- 1.15 Using the spinnaker pole to wing out the foresail.
- 1.16 Marking directly on the hull or deck with permanent ink.
- 1.17 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.18 Attaching the spinnaker pole end to the shrouds.

#### **2 PERMITTED ITEMS and ACTIONS**

The following are permitted.

- 2.1 Taking on board the following equipment:
  - (a) basic hand tools
  - (b) adhesive tape
  - (c) line (elastic or otherwise of 4 mm diameter or less)
  - (d) marking pencils
  - (e) tell tale material
  - (f) watch, timers and hand held compass
  - (g) shackles and clevis pins
  - (h) velcro tape
  - (i) spare flags
  - (j) VHF radio
- 2.2 Using the items in 3.1 to:
  - (a) prevent fouling of lines, sails and sheets
  - (b) attach tell tales
  - (c) prevent sails being damaged or falling overboard
  - (d) mark control settings
  - (e) make minor repairs and permitted adjustments
  - (f) make signals as per Appendix C6
  - (g) use the VHF to receive instructions from the RC or to contact the RC
- 2.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 2.4 Changing the number of mainsheet purchases.

#### **3 MANDATORY ITEMS and ACTIONS**

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters, which could cause damage or disadvantage to the boat in future matches.
- 3.2 At the end of each sailing day:
  - (a) rolling, bagging and placement of the sails as directed

- (b) leaving the boat in the same state of cleanliness as when first boarded that day
- (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5 A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

### **3 EQUIPMENT LIST**

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

#### **SAILS and SAILING EQUIPMENT**

- Mainsail and set of battens
- Jib
- Spinnaker
- One winch handle
- Two winch handle holders
- One spinnaker pole
- Two spinnaker sheets
- Two headsail sheets
- Tiller extension
- Jib cars
- Competitor flag set

#### **SAFETY GEAR**

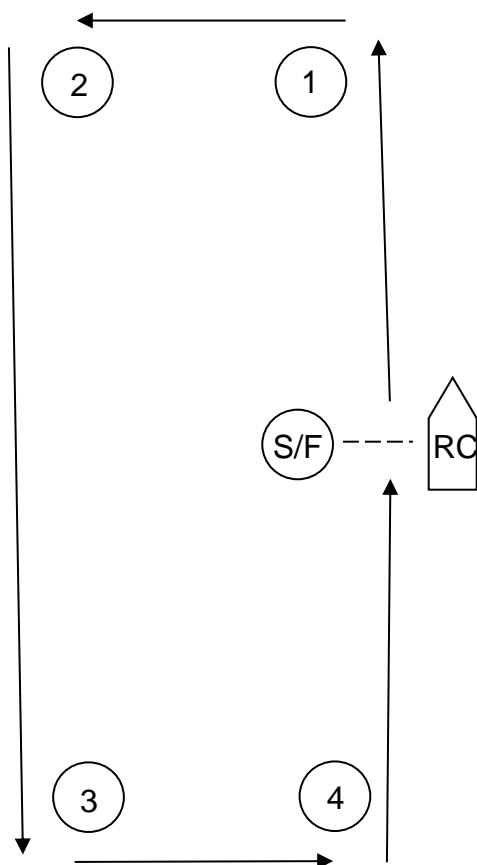
- First aid kit
- Bucket and sponge
- Flares
- Type IV throwable PFD
- Four adult PFDs
- Bilge pump
- Paddle
- Tow line
- Anchor with chain and line
- VHF Radio

#### **MOORING LINES and FENDERS**

- Three mooring lines
- Two fenders

**ATTACHMENT B**  
**Course Sheet**

MARK	DESCRIPTION
1	Yellow buoy set as a windward mark
2	Yellow buoy set as reaching mark
3	Yellow buoy set as a leeward mark
4	Yellow buoy set as reaching mark
S / F	Orange ball set to port of Signal Boat as start and finish mark
COURSE	Start – 1p – 2p – 3p – 4p – Finish <i>(not to scale)</i>



**ATTACHMENT C**  
**Boat Assignments & Schedule of Races**

**Boat Assignments**

*Subject to change – changes will be communicated at Competitors' Meeting*

Boat/Sail #	Helm
1	Molly Carapiet
2	Sean Kelly
3	Ben Pedrick
4	Michael Menninger
5	Erik Storck
6	Mark Adams
7	Rolf Kaiser
8	Bill Dana
9	Evan Brown
10	JB Turney

**Schedule of Races**

Flight #	3 on 3 Team Race								2 on 2 Team Race					
	Yellow					Blue				Yellow			Blue	
1	1	2	3	vs.		4	5	6		7	8	vs.	9	10
2	4	7	10	vs.		2	8	5		9	1	vs.	3	6
3	2	9	6	vs.		7	1	8		3	4	vs.	10	5
4	7	3	5	vs.		9	4	1		10	2	vs.	6	8
5	9	10	8	vs.		3	2	4		6	7	vs.	5	1
6	3	6	1	vs.		10	7	2		5	9	vs.	8	4
7	10	5	4	vs.		6	9	7		8	3	vs.	1	2
8	6	8	2	vs.		5	3	9		1	10	vs.	4	7
9	5	1	7	vs.		8	10	3		4	6	vs.	2	9
10	8	4	9	vs.		1	6	10		2	5	vs.	7	3
11	9	8	7	vs.		6	5	4		3	2	vs.	1	10
12	6	3	10	vs.		8	2	5		1	9	vs.	7	4
13	8	1	4	vs.		3	9	2		7	6	vs.	10	5
14	3	7	5	vs.		1	6	9		10	8	vs.	4	2
15	1	10	2	vs.		7	8	6		4	3	vs.	5	9