



## NORCAL HIGH SCHOOL CHAMPIONSHIP

March 22-23, 2014

St. Francis Yacht Club

### SAILING INSTRUCTIONS

#### **1. RULES**

- 1.1** The regatta shall be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2** The ISSA Procedural Rules, the PCISA Supplemental Rules, and the current NorCal Provisions apply.

#### **2. ENTRIES**

- 2.1** All teams shall check-in between 0930-1030 hours on Saturday, March 22<sup>nd</sup>. Each team shall complete the release form and pay the entry fee in order to participate.

#### **3. COMMUNICATION WITH COMPETITORS**

- 3.1** A Competitors' Meeting will be held at StFYC on Saturday, March 22<sup>nd</sup> at 1030 hours.
- 3.2** Official Notices will be posted on the bulletin board in the Junior Clubhouse.
- 3.3** Changes to the Sailing Instructions will be posted by 1045 hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number and Schedule of Races, will be posted by 1900 hours on the day before they take effect.
- 3.4** Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.5** When signal flag AP is displayed from the race deck the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.
- 3.6** On the water, the Signal boat intends to use a loud hailer for verbal communication.
- 3.7** Race Committee communications will take place on VHF channel 69 and coaches should monitor this channel.

#### **4. NUMBER & SCHEDULE OF RACES**

- 4.1** As many races as possible will be attempted.
- 4.2** The scheduled time of the first Warning Signal is 1130 hours on Saturday, March 22<sup>nd</sup> and 1100 hours on Sunday, March 23<sup>rd</sup>.
- 4.3** No races will be started after 1600 hours on Sunday, March 23<sup>rd</sup>.

#### **5. RACING AREA**

- 5.1** Races will be conducted on the San Francisco City Front directly north of the St. Francis clubhouse or the water between Fort Mason and the San Francisco Marina.

#### **6. COURSES & MARKS**

- 6.1** The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 6.2** No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.

#### **7. THE START**

- 7.1** The Starting Line will be between a staff displaying an orange and yellow striped flag on the Starting Line Signal Boat and a red inflatable buoy.
- 7.2** A boat shall not start later than 4 minutes after her starting signal. A boat that starts later than 4 minutes after her starting signal shall be scored DNS. This changes RRS 35.
- 7.3** The class flag for Gold Fleet will be a white flag with a black letter "A". The class flag for Silver Fleet will be a white flag with a black letter "B".

#### **8. RECALLS**

- 8.1** The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line

at the starting signal. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

## **9. THE FINISH**

**9.1** For courses with downwind finishes (Courses 1 & 2), the finishing line will be the Start Line per SI 7.

**9.2** For courses with upwind finishes (Courses 3 & 4), the finishing line will be between a staff displaying an orange and yellow striped flag on a race committee boat and a Red inflatable buoy at the port end, (facing upwind). This will be located upwind of Mark 'W'.

## **10. TIME LIMITS FOR EACH RACE**

**10.1** If a boat is delaying the finish of a race the Race Committee may end the race and score the boat in its current position, or score the boat DNF at its discretion.

## **11. COMMERCIAL TRAFFIC, SAFETY**

**11.1** As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.

**11.2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta. This changes RRS 60.2(a) and 61.3.

**11.3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.

**11.4** Boats may not take a penalty under rule 44 for breaking any part of this SI, and a resulting disqualification shall not be excludable under rule A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

## **12. PROTESTS**

**12.1** Protests will be heard dockside at the end of each day's racing. The Protest Desk will be located at the top of the ramp at StFYC and ISSA Protest Forms will be available there. The protest filing deadline shall be 20 minutes from the time the last competitor is ashore. This changes RRS 61.3.

**12.2** Expedited hearings shall be conducted under the "Three-Minute Justice" model. Strict time limitations on the testimony of each party shall be imposed, parties may not call witnesses and no reopening of a concluded hearing shall be permitted. This changes RRS 63.2, 63.3(a) & 66.

## **13. SAFETY**

**13.1** Wetsuits, foul weather gear, and whistles on lifejackets are strongly recommended.

**13.2** Racers should notify the Race Committee when they are withdrawing from a race; if not possible, they should contact the StFYC Race Office immediately upon arrival ashore.

**13.3** The Race Committee reserves the right to send in any competitors whom they deem cannot safely handle the sailing conditions. If a boat requires rescue in the opinion of the Race Committee or Safety Boat assistance will be given and the boat will be scored a DNF.

## **14. DISPOSAL OF WASTE OR TRASH**

**14.1** Boats observed breaking RRS 55 are subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee.

# ATTACHMENT A

## OFFICIAL DESCRIPTION OF MARKS & COURSES

MARK	DESCRIPTION
W	Inflatable yellow buoy set as a Windward Mark
O	Round Orange ball set as an offset
L	Inflatable yellow buoy set as a Leeward Mark

COURSE	ROUNDING ORDER
	Marks W, O and L to be rounded to PORT
1	Start → W → O → Finish (downwind)
2	Start → W → O → L → W → O → Finish (downwind)
3	Start → W → O → L → Finish (upwind)
4	Start → W → O → L → W → O → L → Finish (upwind)

