



ST. FRANCIS INTERCONFERENCE REGATTA

St. Francis Yacht Club & Stanford University

March 29-30, 2014

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the ICSA Procedural Rules, except any of these that are modified by the Notice of Race or these Sailing Instructions.
- 1.2 RRS 40 is changed as follows: Competitors shall wear personal flotation devices while racing.
- 1.3 The following prescriptions will not apply: RRS 60 and 63.2.

2. ENTRIES

Teams must check-in between 0930-1000 hours on Saturday, March 29, 2014. Each team shall complete and sign a waiver of liability in order to participate.

3. COMMUNICATION WITH COMPETITORS

- 3.1 A Competitors' Meeting will be held at StFYC on Saturday at 1000 hours.
- 3.2 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC. There will be an unofficial Notice Board located near the Golden Gate Yacht Club used for preliminary scores and notices.
- 3.3 Changes to the Sailing Instructions will be posted by 1000 hours on the day they are to take effect, except any changes to SI 4 (Schedule) will be posted by 1900 hours on the day before they take effect.

4. SCHEDULE

- 4.1

<u>Saturday, March 29</u>		<u>Sunday, March 30</u>	
0930	Mandatory Check-In	1000	First Warning Signal
1000	Competitors' Meeting	1500	No Warning Signal after this time
1100	First Warning Signal	After Racing	Awards Presentation
After Racing	Social event at StFYC		
- 4.2 The regatta format will be a single round robin as per ICSA PR 22.

5. RACING AREA

The intended racing area will be the San Francisco City Front, either directly north of StFYC or between the breakwater and Fort Mason.

6. ROTATION

- 6.1 There will be no boat rotation; teams will sail their own boat for the duration of the regatta. This changes ICSA PR 22(b)(i).
- 6.2 Between sets, A and B divisions will swap boats on the docks of Golden Gate Yacht Club or the beach east Golden Gate Yacht Club.

7. COURSES & MARKS

- 7.1 The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 7.2 No later than the Warning Signal, a placard designating the course will be displayed from the Signal Boat.
- 7.3 No later than the Warning Signal, a flag designating the mark rounding direction will be displayed from the Signal Boat. If a red flag is displayed, all marks except for mark 3g shall be rounded to port. If a green flag is displayed, all marks except for mark 3g shall be rounded to starboard.

8. THE START

The Starting Line will either be between a staff displaying a yellow and orange flag on the signal boat and either an orange inflatable ball or a staff displaying a yellow and orange flag on a pin end boat

9. FINISH

- 9.1 The Finish Line F1 will be between a staff displaying an orange and yellow striped flag on a Race Committee boat and a round orange buoy (downwind of Mark 3g).

- 9.2** The Finish Line F2 will be between a staff displaying an orange and yellow striped flag on a Race Committee boat and a round orange buoy (upwind of Mark 1).
- 10. TIME LIMIT**
If a boat is delaying the finish of a race, or the rotation, the Race Committee may end the race and score the boat in its current position.
- 11. COMMERCIAL TRAFFIC, SAFETY**
- 11.1** As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- 11.2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta. This changes RRS 60.2(a) and 61.3.
- 11.3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- 11.4** Boats may not take a penalty under rule 44 for breaking any part of this SI, and a resulting disqualification shall not be excludable under rule A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).
- 12. PROTESTS**
- 12.1** Protests will be heard following the end of the rotation set in which the incident occurred aboard the WL Stewart, which will be docked at the rotation site. ICSA Protest forms shall be available with the Race Committee representative on the WL Stewart. The protest filing deadline shall be 15 minutes after the last boat comes ashore for rotation. This changes ICSA PR 30.
- 12.2** Protests will be addressed using the following expedited hearing:
- a.) The protesting competitor must notify the Race Committee of the intention to protest at the time they finish.
 - b.) The hearing will begin as soon as all parties are assembled. This changes RRS 63.2.
 - c.) Each party will be given about 1 minute to state their case.
 - d.) The Judge/Jury may question the parties and or call witnesses.
 - e.) Each party will be given about 1 minute to question the other party.
 - f.) The parties are excused and the Judge/Jury will determine the facts and render a decision.
 - g.) The Judge/Jury will then inform the parties of the decision.
- 12.3** A competitor may not reopen an expedited protest hearing after a decision has been made. This changes RRS 66.
- 13. SAFETY**
- 13.1** Wetsuits, foul weather gear, and whistles on lifejackets are strongly recommended.
- 13.2** Racers shall notify the Race Committee when they are withdrawing from a race; if not possible, they shall contact the StFYC Race Office immediately upon arrival ashore.
- 13.3** The Race Committee reserves the right to send in any competitors whom they deem cannot safely handle the sailing conditions. If a boat requires rescue in the opinion of the Race Committee or Safety Boat, assistance will be given and the boat will be scored a DNF.
- 14. COACHING**
ICSA Procedural Rule 19 shall apply and all Coaches shall remain ashore.
- 15. DISPOSAL OF WASTE OR TRASH**
Boats observed breaking RRS 55 are subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. This changes RRS 55, 60.1(a) and 64.1.

ATTACHMENT A
OFFICIAL DESCRIPTION OF MARKS AND COURSES

<u>MARK</u>	<u>DESCRIPTION</u>
1	Inflatable yellow cone set as a Windward Mark.
1o	Inflatable red cone set as an offset mark to be rounded in the same direction as the windward mark.
2	Inflatable yellow cone set as a Reach Mark
3	Inflatable yellow cone set as a Leeward Mark
3g	Two inflatable yellow cones set as a Leeward Gate (boats must pass between the two gate marks)
F1	Downwind finish between a staff displaying orange and yellow striped flag on the Race Committee Signal Boat and an inflatable orange buoy set to port (facing downwind)
F2	Upwind finish between a staff displaying an orange and yellow striped flag on a Race Committee boat and a round orange buoy (upwind of mark 1).

**If any of the above marks are off station, they may be replaced by a temporary red buoy*

<u>COURSE</u>	<u>ROUNDING ORDER</u>
A	Start → 1 → 1o → 3g → 1 → 1o → F1
B	Start → 1 → 1o → 3g → F2
C	Start → 1 → 1o → 3g → 1 → 1o → 3g → F2
D	Start → 1 → 1o → 2 → 3 → 1 → 1o → F1

**** Reference Sailing Instruction 7.3 for rounding direction***