



2014 Thursday/Friday J/22 Summer Series

St. Francis Yacht Club

7/10, 7/18, 7/24, 8/1, 8/7, 8/15, 8/21

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 All competitors are required to wear a life jacket or other adequate personal flotation device while racing. RRS 40 is changed as follows: The "Y" flag will not be displayed.
- 1.3 On 7/10, 7/24, 8/7 and 8/21 on the water umpiring and Attachment C to these Sailing Instructions shall apply.
- 1.4 On 7/18, 8/1, and 8/15 Appendix T1 shall apply: The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while *racing*. However, when she may have broken a rule of Part 2 while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a 'Two-Turns Penalty'.
- 1.5 RRS Appendix T Section C, EXPEDITED HEARINGS will apply.
- 1.6 No limits on crew weight or number of crew are in effect.

2 ENTRIES

- 2.1 The series is open to all boats of the J/22 class.
- 2.2 Eligible boats shall complete registration online (www.stfyc.com).
- 2.3 Registration for the Series will open at 1200hrs on Friday, June 27.
- 2.4 Single-night entries ("drop-ins") will be allowed. Single-night entries must enter online (www.stfyc.com) by 1600 hours on the evening they plan to participate.

3 COMMUNICATION WITH COMPETITORS

- 3.1 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.2 Changes to the Sailing Instructions will be posted by 1700hrs hours on the day they are to take effect, except any changes to Sailing Instruction 4, Number and Schedule of Races, will be posted by 1700 hours on the day before they take effect.
- 3.3 Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.4 When signal flag T is displayed from the race deck, no spinnakers shall be used in the race.
- 3.5 Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.
- 3.6 Competitors should monitor VHF 69 for on the water communication with the Race Committee.
- 3.7 The Race Committee may announce course selection and the sail number of boats that are OCS.
- 3.8 The Race Committee's communications to competitors while racing shall not be considered outside help. This changes RRS 41.
- 3.9 Competitors retiring from a race before finishing shall notify the Race Committee as soon as reasonably possible after retiring.

4 CHARTERED BOATS

- 4.1 Chartered boats will be assigned for the duration of the series on a first come, first served basis according to the online registration time stamp.
- 4.2 If available, chartered boats will be assigned for a single-night charter on a first come, first served basis according to emailed requests to racing@stfyc.com.
- 4.3 Club J22s may be chartered by a "primary skipper" who is a member in good standing of St. Francis Yacht Club and is an approved skipper.
- 4.4 The "primary skipper" may designate one "alternate skipper" who is a member in good standing of St. Francis Yacht Club and is an approved skipper.
- 4.5 Either the "primary" or "alternate skipper" must be onboard at all times.

- 4.6 Crew on chartered boats may be StFYC members or non-members.
- 4.7 Competitors shall inspect their boats each race night for possible breakdowns and missing equipment. Discrepancies shall be reported to the RC immediately and noted on the check-out sheet supplied with each boat irrespective of whether redress for a breakdown is being requested.
- 4.8 Skippers shall provide a damage deposit of \$1,500 at registration. The damage deposit is the limit of liability of each skipper for each incident. In the event that a damage charge is assessed, the skipper shall increase the damage deposit to the original value to continue racing.
- 4.9 Each skipper is responsible for the damage or loss to their boat unless fault is otherwise determined by application of the rules by the umpires or PC.

5 NUMBER & SCHEDULE OF RACES

- 5.1 The warning signal each night is scheduled for 1815 hours.
- 5.2 The race committee will attempt to run 3-4 races each night.

6 RACING AREA

Races will be conducted on the San Francisco City Front.

7 COURSES & MARKS

- 7.1 The courses and marks are described in Attachment A – Official Description of Marks and Courses.
- 7.2 No later than the Warning Signal, a numeral pennant designating the course will be displayed from the flagpole on the StFYC Race Deck.
- 7.3 No later than the Warning Signal, a flag designating the mark rounding direction will be displayed from the StFYC Race Deck. If a red flag is displayed, all marks shall be rounded to port. If a green flag is displayed, all marks shall be rounded to starboard.

8 AREAS THAT ARE OBSTRUCTIONS

- 8.1 For safety reasons, each of the lines bounded by the following two points is an obstruction:
- (a) The northern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
 - (b) The southern end of the SF Marina entrance Wave Attenuator and the closest point ashore.
 - (c) The “H” Beam piling and the closest point ashore. (located approx. 200 yards west of the St. Francis YC)
 - (d) **Anita Rock Light** located approximately 0.30nm West of StFYC (“Anita Rock” Q 20ft 5M), **and a yellow buoy marked “AR”** (located approximately 100 yards northwest of the Anita Rock Light).
 - (e) **Anita Rock Light** located approximately 0.30nm West of StFYC (“Anita Rock” Q 20ft 5M), **and the closest point ashore.**
 - (f) **The yellow buoy marked “AR”** (located approximately 100 yards northwest of Anita Rock Light) **and the closest point ashore.**
 - (g) The Green/Red Bell Buoy off the west end of Alcatraz Island and Alcatraz Island.
- 8.2 Boats are prohibited from sailing across any of these lines while racing.

9 THE START

- 9.1 The Starting Line will be between the Pin Mark and a yellow placard on the StFYC Race Deck. In the event the Pin Mark is not in place by the warning signal, the Starting Line will be between StFYC outer mark “A” and a yellow placard on the StFYC Race Deck. StFYC inner mark “B” must be left to the south while starting.
- 9.2 A boat shall not start later than 4 minutes after her starting signal. A boat that starts later than 4 minutes after her starting signal shall be scored DNS. This changes RRS 35
- 9.3 The Class Flag will be the black class insignia on a white rectangular background.

10 RECALLS

The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line at the starting signal. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress. This changes RRS 62.1(a).

11 THE FINISH

The finishing line will be between the Pin Mark and a yellow placard on the StFYC Race Deck. In the event the Pin Mark is not in place by the warning signal, the Finish Line will be between StFYC outer mark “A” and a yellow placard on the StFYC Race Deck. StFYC inner mark “B” must be left to the south while finishing.

12 TIME LIMIT FOR EACH RACE

- 12.1** Boats failing to finish within 10 minutes after the first boat in her class sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.
- 12.2** The time limit for the first finisher in each race is 45 minutes.

13 COMMERCIAL TRAFFIC, SAFETY

- 13.1** As stated in the RRS preamble to the Part 2 rules, when a boat sailing under these rules meets a vessel that is not, she shall comply with the International Regulations for Preventing Collisions at Sea (IRPCAS) or government right-of-way rules. This supplements, but does not replace the rules of Part 2.
- 13.2** If a commercial vessel has sounded five blasts, and/or the vessel or the Coast Guard identifies an offending boat, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the identified boat has impeded passage or violated the U.S. Inland Navigation Rules, and the identified boat shall have the burden of proving otherwise. In the case of a complaint by a Vessel Traffic or the Coast Guard, the protest time limit shall be extended up to two days after the conclusion of the regatta. This changes RRS 60.2(a) and 61.3.
- 13.3** A Race Committee boat may signal a boat to alter course to avoid impeding the passage of commercial vessels by making a sound signal (horn or whistle) and pointing Code Flag V at the boat. The signaled boat shall promptly comply with the signal unless compliance would create an unsafe condition. If a boat fails to comply with such a signal, the Race Committee shall protest the boat, in which case the Protest Committee shall assume that the course alteration would not have created an unsafe condition, and the protested boat shall have the burden of proving otherwise.
- 13.4** Boats may not take a penalty under rule 44 for breaking any part of this SI, and a resulting disqualification shall not be excludable under rule A2. The StFYC shall cooperate with and provide relevant information to the Coast Guard or other governmental authority regarding investigations of boats impeding ship traffic or violating U.S. Inland Navigation Rules (33 CFR 83).

14 PROTESTS & PENALTY FORMS

- 14.1** Protest Forms are available at the St. Francis Yacht Club Jury Desk. Protests and requests for redress shall be lodged at the Front Desk by 2100 hours on the evening of the race.
- 14.2** The time, place, and parties to all protest and redress hearing(s) will be emailed to all parties. This shall serve as notification as per RRS 63.2.

15 SCORING

- 15.1** The Low Point Scoring System of RRS Appendix A will apply including RRS A9, Race Scores In A Series Longer Than A Regatta.
- 15.2** Three races shall constitute a Series.
- 15.3** When 8 races have been completed, a boat's series score will be the total of her race scores excluding her worst score. When 12 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores. When 16 or more races have been completed, a boat's series score will be the total of her race scores excluding her three worst scores. This changes A2.

16 DISPOSAL OF WASTE OR TRASH

Boats observed breaking RRS 55 are subject to protest only by the Race Committee or Protest Committee. The penalty for a breach of this rule, which may include disqualification from a race, is at the discretion of the Protest Committee. Discarding elastic or fiber bands or ties when setting a sail is permitted. This changes RRS 55, 60.1(a) and 64.1.

Additional Notices

PRIZES

- Prizes will be awarded in accordance with the NOR.

ATTACHMENT A
OFFICIAL DESCRIPTION OF MARKS AND COURSES

MARK	DESCRIPTION
Pin Mark	Inflatable orange ball set to the south of "A" Buoy
A	Yellow sphere "A" buoy .2 north of the StFYC Race Deck
B	Yellow sphere "B" buoy set 100 feet north of the StFYC Race Deck
1	Inflatable yellow mark set as a Windward Mark
X	Yellow sphere "X" buoy north of Golden Gate Yacht Club
M	Yellow can "M" .2nm north of Fort Mason piers

COURSE	ROUNDING ORDER
1	Start → 1 → Finish (downwind)
2	Start → 1 → X → Finish (upwind)
3	Start → 1 → X → 1 → Finish (downwind)
4	Start → 1 → X → 1 → X → Finish (upwind)
5	Start → 1 → M → Finish (upwind)
6	Start → 1 → M → 1 → Finish (downwind)
7	Start → 1 → M → 1 → M → Finish (upwind)
8	Start → 1 → M → 1 → X → Finish (upwind)

*** Reference Sailing Instruction 7.3 for rounding direction**

ATTACHMENT B
BOAT HANDLING AND EQUIPMENT RULES

1 Prohibited Items and Actions

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12 Using a winch to adjust the mainsheet, backstay or vang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than compass and watches.
- 1.15 Using the spinnaker pole to wing out the foresail.
- 1.16 Marking directly on the hull or deck with permanent ink.
- 1.17 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.18 Attaching the spinnaker pole end to the shrouds.

2 Permitted Items and Actions

The following are permitted.

- 2.1 Taking on board the following equipment:
 - (a) basic hand tools;
 - (b) adhesive tape;
 - (c) line (elastic or otherwise of 4 mm diameter or less);
 - (d) marking pencils;
 - (e) tell tale material;
 - (f) watch, timers and hand held compass;
 - (g) shackles and clevis pins;
 - (h) velcro tape;
 - (i) spare flags; and
 - (j) VHF radio.
- 2.2 Using the items in 2.1 to:
 - (a) prevent fouling of lines, sails and sheets;
 - (b) attach tell tales;
 - (c) prevent sails being damaged or falling overboard;
 - (d) mark control settings;
 - (e) make minor repairs and permitted adjustments;
 - (f) make signals as per RRS Appendix C6; and
 - (g) use the VHF to receive instructions from the RC or to contact the RC.
- 2.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 2.4 Changing the number of mainsheet purchases.

3 Mandatory Items and Actions

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 3.2 At the end of each sailing day:
 - (a) rolling, bagging and placement of the sails as directed
 - (b) leaving the boat in the same state of cleanliness as when first boarded that day
 - (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5 A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

4 Equipment List

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

Sails and Sailing Equipment

- Mainsail and set of battens
- Jib
- Spinnaker
- One winch handle
- Two winch handle holders
- One spinnaker pole
- Two spinnaker sheets
- Two headsail sheets
- Tiller extension
- Jib cars
- Competitor flag set

Safety Gear

- First aid kit
- Bucket and sponge
- Flares
- Type IV throwable PFD
- Four adult PFDs
- Bilge pump
- Paddle
- Tow line
- Anchor with chain and line
- VHF Radio

Mooring Lines and Fenders

- Three mooring lines
- Two fenders

ATTACHMENT C
UMPIRED FLEET RACING

These sailing instructions change the definition Proper Course, and RRS 20, 28.2, 44, 60, 61, 62, 63, 64.1, 65, 66, 70, and 78.3.

C1 CHANGES TO RACING RULES

Additional changes to rules are made in instructions C2, C3, C4, and C5.

C1.1 Changes to the Definitions and the Rules of Part 2 and Part 4:

(a) Add to the definition Proper Course: 'A boat taking a penalty or maneuvering to take a penalty is not sailing a proper course.'

(b) When rule 20 applies, the following arm signals are required in addition to the hails:

(1) for 'Room to tack', repeatedly and clearly pointing to windward; and

(2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

C1.2 Changes to Rules Involving Protests, Requests for Redress, Penalties and Exoneration:

(a) The first sentence of rule 44.1 is replaced with: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or rule 31 or 42 while racing.'

(b) Rule 60.1 is replaced with 'A boat may protest another boat or request redress provided she complies with instructions C2.1 and C2.4.'

(c) In rule 61.1 (a), all references to "a red flag" are replaced by "a Y-Flag".

(d) The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted.

(e) Rules 62.1(a), (b) and (d) are deleted. In a race where these SIs apply, there shall be no scoring adjustments for redress given under any of these rules for a previous race.

(f) Rule 64.1(a) is changed so that the provision for exonerating a boat may be applied by the umpires without a hearing, and it takes precedence over any conflicting Sailing Instruction.

(g) Rules P1 to P4 shall not apply.

C2 PROTESTS AND REQUESTS FOR REDRESS BY BOATS

C2.1 While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' and conspicuously display a Y-flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision.

C2.2 A boat that protests as provided in instruction C2.1 is not entitled to a hearing. Instead, a boat involved in the incident may acknowledge breaking a rule by taking a One-Turn Penalty as described in rule 44.2. If the protested boat does not take a penalty voluntarily, an umpire will decide whether to penalize any boat and signal the decision as provided in instruction C3.1.

C2.3 A boat intending to

(a) protest another boat under a rule other than instruction C3.2 or C4.2(a), or a rule listed in instruction C2.1,

(b) protest another boat under rule 14 if there was contact that caused damage or injury, or

(c) request redress

shall promptly inform the race committee after she finishes.

C2.4 The race committee shall inform the protest committee of any protests or requests for redress made under instruction C2.3.

C3 UMPIRE SIGNALS AND IMPOSED PENALTIES

- C3.1 An umpire will signal a decision as follows:
- (a) A green and white flag with one long sound means 'No penalty.'
 - (b) A red flag with one long sound means 'A penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
 - (c) A black flag with one long sound means 'A boat is disqualified.' The umpire will hail or signal to identify the boat disqualified.
- C3.2 (a) A boat penalized under instruction C3.1(b) shall take a One-Turn Penalty as described in rule 44.2.
- (b) A boat disqualified under instruction C3.1(c) shall promptly leave the course area.

C4 PENALTIES AND PROTESTS INITIATED BY AN UMPIRE; ROUNDING OR PASSING MARKS

- C4.1 When a boat
- (a) breaks rule 31 and does not take a penalty,
 - (b) breaks rule 42,
 - (c) gains an advantage despite taking a penalty,
 - (d) deliberately breaks a rule,
 - (e) commits a breach of sportsmanship, or
 - (f) fails to comply with instruction C3.2 or to take a penalty when required to do so by an umpire, an umpire may penalize her without a protest by another boat. The umpire may impose one or more One-Turn Penalties to be taken as described in rule 44.2, each signaled in accordance with instruction C3.1(b), or disqualify her under instruction C3.1(c), or report the incident to the protest committee for further action. If a boat is penalized under instruction C4.1(f) for not taking a penalty or taking a penalty incorrectly, the original penalty is cancelled.
- C4.2 (a) A boat shall not round or pass a mark on the wrong side. If she does so, she may correct her error as provided in rule 28.2 only if she does so before she rounds or passes the next mark or finishes.
- (b) When a boat breaks instruction C4.2(a) and fails to correct her error before rounding or passing the next mark or finishing, an umpire may disqualify her under instruction C3.1(c).
- C4.3 An umpire who decides, based on his own observation or a report received from any source, that a boat may have broken a rule, other than instruction C3.2 or C4.2(a) or a rule listed in instruction C2.1, may inform the protest committee for its action under rule 60.3. However, he will not inform the protest committee of an alleged breach of rule 14 unless there is damage or injury.

C5 PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS

- C5.1 No proceedings of any kind may be taken in relation to any action or non-action by an umpire.
- C5.2 A boat may not base an appeal on an alleged improper action, omission or decision of the umpires or the protest committee. In rule 66 the third sentence is changed to 'A party to the hearing may not ask for a reopening.'
- C5.3 (a) Protests and requests for redress need not be in writing.
- (b) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.
- (c) If the protest committee decides that a breach of a rule has had no effect on the outcome of the race, it may impose a penalty of points or fraction of points or make another arrangement it decides is equitable, which may be to impose no penalty.
- C5.4 The race committee will not protest a boat, except following a report under rule 43.1(c) or 78.3.
- C5.5 The protest committee may protest a boat under rule 60.3. However, it will not protest a boat for breaking instruction C3.2 or C4.2(a), a rule listed in instruction C2.1, or rule 14 unless there is damage or injury.