



## **2015 J/22 FALL SERIES**

**St. Francis Yacht Club  
11/8, 11/15, 11/22, 11/29**

### **SAILING INSTRUCTIONS**

#### **Amendment 2**

Sailing Instructions 2.6 is deleted and replaced with:

**2.6** Competitors should monitor **VHF 71** for on the water communication with the race committee.

December 6, 2015

1155hrs

Greg Meagher - PRO

**ATTACHMENT A  
OFFICIAL DESCRIPTION OF MARKS AND COURSES**

<b>MARK</b>	<b>DESCRIPTION</b>
Pin Mark	Inflatable orange ball set to the south of "A" Buoy
A	Yellow sphere "A" buoy .2nm north of the StFYC Race Deck
B	Yellow sphere "B" buoy set 100 feet north of the StFYC Race Deck
1	Inflatable yellow mark set as a Windward Mark
X	Yellow sphere "X" buoy north of Golden Gate Yacht Club
M	Yellow can "M" .2nm north of Fort Mason piers
2	Inflatable yellow mark set as a Leeward Mark

<b>COURSE</b>	<b>ROUNDING ORDER</b>
1	Start → 1 → Finish (downwind)
2	Start → 1 → X → Finish (upwind)
3	Start → 1 → X → 1 → Finish (downwind)
4	Start → 1 → X → 1 → X → Finish (upwind)
5	Start → 1 → M → Finish (upwind)
6	Start → 1 → M → 1 → Finish (downwind)
7	Start → 1 → M → 1 → X → Finish (upwind)
8	Start → 1 → 2 → Finish (upwind)
9	Start → 1 → 2 → 1 → Finish (downwind)

***\* Reference Sailing Instruction 6.3 for rounding direction***

**ATTACHMENT B**  
**BOAT HANDLING AND EQUIPMENT RULES**

**1 Prohibited Items and Actions**

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12 Using a winch to adjust the mainsheet, backstay or vang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than compass and watches.
- 1.15 Using the spinnaker pole to wing out the foresail.
- 1.16 Marking directly on the hull or deck with permanent ink.
- 1.17 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.18 Attaching the spinnaker pole end to the shrouds.

**2 Permitted Items and Actions**

The following are permitted.

- 2.1 Taking on board the following equipment:
  - (a) basic hand tools;
  - (b) adhesive tape;
  - (c) line (elastic or otherwise of 4 mm diameter or less);
  - (d) marking pencils;
  - (e) tell tale material;
  - (f) watch, timers and hand held compass;
  - (g) shackles and clevis pins;
  - (h) velcro tape;
  - (i) spare flags; and
  - (j) VHF radio.
- 2.2 Using the items in 2.1 to:
  - (a) prevent fouling of lines, sails and sheets;
  - (b) attach tell tales;
  - (c) prevent sails being damaged or falling overboard;
  - (d) mark control settings;
  - (e) make minor repairs and permitted adjustments;
  - (f) make signals as per RRS Appendix C6; and
  - (g) use the VHF to receive instructions from the RC or to contact the RC.
- 2.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than

- 100 mm and does not require any repair after removal.
- 2.4 Changing the number of mainsheet purchases.

### **3 Mandatory Items and Actions**

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 3.2 At the end of each sailing day:
- (a) rolling, bagging and placement of the sails as directed
  - (b) leaving the boat in the same state of cleanliness as when first boarded that day
  - (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5 A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

### **4 Equipment List**

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

#### Sails and Sailing Equipment

- Mainsail and set of battens
- Jib
- Spinnaker
- One winch handle
- Two winch handle holders
- One spinnaker pole
- Two spinnaker sheets
- Two headsail sheets
- Tiller extension
- Jib cars
- Competitor flag set

#### Safety Gear

- First aid kit
- Bucket and sponge
- Flares
- Type IV throwable PFD
- Four adult PFDs
- Bilge pump
- Paddle
- Tow line
- Anchor with chain and line
- VHF Radio

#### Mooring Lines and Fenders

- Three mooring lines
- Two fenders