



Ken Gardiner Memorial Regatta

St. Francis Yacht Club

San Francisco, CA

June 13-14, 2015

SAILING INSTRUCTIONS

1. RULES

- 1.1** The regatta shall be governed by the rules as defined in The Racing Rules of Sailing (RRS) including Appendix C and Appendix D. The regatta will be umpired.
- 1.2** The organizing authority will be St. Francis Yacht Club.
- 1.3** The US SAILING Prescriptions to Rule 60, 63.2 and 63.4 will not apply.
- 1.4** The Boat Handling and Equipment Rules (SI Appendix A) shall apply to all races and practice. Class rules shall not apply. Spinnakers will be used when the conditions permit as determined by the race committee. Spinnakers will not be used in any 4v4 team racing, Flag T need not be displayed. This changes SI 5.2
- 1.5** RRS 40 is changed as follows: Competitors shall wear personal flotation devices while racing, except while changing or adjusting clothing or personal equipment.
- 1.6** Add to RRS 41: (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.

2. ENTRIES AND ELIGIBILITY

- 2.1** Only Yacht Club teams invited by the organizing authority will be eligible to enter this event. All team members must be members or spouses in good standing of the yacht club they represent.
- 2.2** Boats will be sailed by crews of four including the helmsman. There is no minimum or maximum weight limit.
- 2.3** Teams consist of 4 boats. Each team must be comprised of 25% female and 25% crew that have never sailed in a Gardiner Cup. Additionally:
 - (a) Boat one must have a woman skipper.
 - (b) Boat two must have an average age of 40 years of age.
 - (c) Boat three must have a Flag Officer on board.
 - (d) Boat four must have a Skipper over 60 years of age.

3. COMMUNICATION WITH COMPETITORS

- 3.1** A competitors' meeting will be held at StFYC on Saturday at 0900 hours.
- 3.2** Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of StFYC.
- 3.3** Changes to the sailing instructions will be posted by 0900 hours on the day they are to take effect, except any changes to sailing instruction 4, Schedule, Format, Starting Order, will be posted by 1900 hours on the day before they take effect.
- 3.4** Signals made ashore will be displayed from the flagpole located on the StFYC Race Deck.
- 3.5** When signal flag AP is displayed from the race deck, the time for the warning signal will be made no earlier than 30 minutes after the lowering of the AP. This changes RRS Race Signals.
- 3.6** Questions regarding the sailing instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.
- 3.7** Race committee communications will take place on VHF channel 69.
- 3.8** The race committee may give oral changes to the sailing instructions to each boat by displaying the L flag and informing the boat via a VHF or loud hailer and may require acknowledgement.

4. SCHEDULE, FORMAT, STARTING ORDER

4.1	Schedule: Friday, June 27	1200-1800	Boats available for practice
		1800	Social offsite
	Saturday, June 28	0845	Lunch Pick Up (<i>Chart Room</i>)
		0900	Mandatory Competitors' Meeting (<i>Chart Room</i>)
		1030	Intended first warning
		<i>After Racing</i>	Dinner at StFYC (<i>Chart Room</i>)
	Sunday, June 29	0900	Lunch Pick Up (<i>Chart Room</i>)
		1030	Intended first warning
		<i>After Racing</i>	Social & Awards at StFYC (<i>Chart Room</i>)

4.2 The format and number of races will be determined by the race committee.

4.3 The boat assignments will be determined by random draw.

5. BOATS, SAILS, DAMAGE

5.1 Boats (J22s) will be supplied by the OA. Only sails supplied with the boats shall be used. Boats will be identified by sail numbers.

5.2 The sail combination to be used will be signaled from the RC boat with or before the warning signal. The signals shall have the following meanings:

<u>Signal</u>	<u>Sail Combination to be used</u>
No signal	Mainsail, Jib, Spinnaker
Code Flag T	Mainsail, Jib (no spinnaker)

5.3 Competitors shall inspect their boats before each race for possible breakdowns and missing equipment. Discrepancies shall be reported to the RC immediately and noted on the check-out sheet supplied with each boat irrespective of whether redress for a breakdown is being requested. Competitors shall leave signal flags and radios on the boats when crews swap boats.

5.4 Skippers shall provide a damage deposit of \$1,500 at registration. The damage deposit is the limit of liability of each skipper for each incident. In the event that a damage charge is assessed, the skipper shall increase the damage deposit to the original value to continue racing.

5.5 Each skipper is responsible for the damage or loss to their boat unless fault is otherwise determined by application of the rules by the umpires or PC.

5.6 Unless the skippers agree otherwise, damage to boats during any practice session shall be charged equally against the accounts of the skippers involved in the incident. Competitors may not protest or request redress for actions under this paragraph. This changes Rule 60.1

6. RACING AREA

Races will be conducted on the San Francisco City Front.

7. COURSES & MARKS

7.1 The course and marks are as described in Attachment B.

7.2 Courses will not be shortened. This changes RRS 32.

7.3 The race committee may move marks of the course without signaling provided that no mark shall be moved once a boat has started that leg. This changes RRS 33.

8. THE START

8.1 The flight number will be displayed on the RC signal boat with numeral plaques.

8.2 Match warning signals will be numeral pennants indicating the match number to be started.

8.3 Team races will be started using RRS Appendix S.

8.4 Match races will be started using a modified RRS C3.1. The attention signal will be displayed 7 minutes before the first starting signal in each flight. This changes RRS C3.1.

8.5 The starting line will be between a staff displaying an orange and yellow flag on a RC boat at the starboard end and the course side of a round orange buoy on the port end of the line.

9 RESTRICTED AREAS

9.1 For safety reasons, each of the lines bounded by the following two points is an obstruction:

- a) The SF Marina entrance Wave Attenuator and the closest point ashore.
- b) The "H" Beam piling (located approximately 200 yards west of the St. Francis YC) and the closest point ashore.
- c) Anita Rock Light and a yellow buoy "AR" or a temporary orange ball (located approximately 100 yards northwest of the Anita Rock Light).
- d) Anita Rock Light and the closest point ashore.

9.2 Boats are prohibited from sailing across any of these lines while racing.

9.3 A breach of this sailing instruction is not open to protest by boats but is subject to action by umpires in accordance with RRS D2.3. Add to RRS D2.3 "(h) broken SI 9.1 and 9.2". This changes RRS D2.3.

10 THE FINISH

10.1 For Course 1, the finishing line will be between a staff displaying an orange and yellow flag on a RC and the course side of a round white buoy.

10.2 For Course 2, the finishing line will be between a staff displaying an orange and yellow flag on the RC boat and the course side of a round orange buoy.

11 UMPIRING, PROTESTS, REDRESS

11.1 For Team Races, umpiring will be in accordance with RRS Appendix D. For Match Races, umpiring will be in accordance with RRS Appendix C.

11.2 For protests and requests for redress other than protests under a rule listed in RRS D2.2, competitors shall inform an umpire or the RC within two minutes of finishing.

11.3 The umpires shall, when appropriate, attempt to hear protests and requests for redress while afloat. If a protest or redress hearing ashore is necessary, the time, place and nature of the hearing shall be posted on the official notice boards no later than 30 minutes after the RC signal boat docks.

12 BREAKDOWN AND TIME FOR REPAIRS

12.1 For match racing, before the attention signal of a flight or within two minutes of finishing, a boat may display flag L to signal a breakdown or damage to the boat, her sails or injury to her crew and request a delay to the next start. She shall proceed as soon as possible to close to leeward of the RC boat and remain there, unless otherwise directed.

12.2 For match racing, the time allowed for repairs shall be at the discretion of the RC.

12.3 For match racing, after the attention signal of a flight, a match will not be postponed or abandoned due to breakdown unless the breakdown signal was displayed as required by SI 12.1.

12.4 For match racing, except when RRS 62.1(b) applies, failure to effect repairs in the time allowed, or breakdowns after the attention shall not be grounds for redress. This changes RRS 62.

12.5 For team racing, breakdowns will be in accordance with Appendix D5.

13 SCORING

13.1 Any completed race is worth one point.

13.2 In the event of no wind, scores will be determined by a full round robin of cornhole.

14 PRIZES

Prizes will be awarded.

15 INTERFERENCE WITH OTHER VESSELS

As stated in the preamble to Part 2 of the RRS, when a boat sailing under the RRS meets a vessel that is not, she shall comply with government right-of-way rules. The OA shall cooperate with and provide relevant information to any governmental authority regarding investigations of boats impeding ship traffic or violating government right-of-way rules.

ATTACHMENT A
BOAT HANDLING AND EQUIPMENT RULES

1 Prohibited Items and Actions

Except in an emergency or in order to prevent damage or injury, or when directed by the OA, RC or an umpire otherwise, the following are prohibited:

- 1.1 Any additions, omissions or alterations to the equipment supplied.
- 1.2 Using any equipment for a purpose other than that intended or specifically permitted.
- 1.3 Replacing any equipment without the sanction of the RC.
- 1.4 Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- 1.5 Moving equipment from its normal stowage position except when being used.
- 1.6 Boarding a boat without prior permission.
- 1.7 Taking a boat from its berth or mooring without having paid the required damage deposit or having permission from the RC, or, on race days, while 'AP' is displayed ashore.
- 1.8 Hauling out a boat or cleaning surfaces below the waterline.
- 1.9 Attaching lines to the fabric of spinnakers.
- 1.10 Perforating sails, even to attach tell tales.
- 1.11 Adjusting or altering the tension of standing rigging, excluding the backstay.
- 1.12 Using a winch to adjust the mainsheet, backstay or vang.
- 1.13 Using a reef line as an outhaul.
- 1.14 Using electronic instruments other than compass and watches.
- 1.15 Using the spinnaker pole to wing out the foresail.
- 1.16 Marking directly on the hull or deck with permanent ink.
- 1.17 Using the shrouds (including any inner shrouds) above the lower turnbuckle to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- 1.18 Attaching the spinnaker pole end to the shrouds.

2 Permitted Items and Actions

The following are permitted.

- 2.1 Taking on board the following equipment:
 - (a) basic hand tools;
 - (b) adhesive tape;
 - (c) line (elastic or otherwise of 4 mm diameter or less);
 - (d) marking pencils;
 - (e) tell tale material;
 - (f) watch, timers and hand held compass;
 - (g) shackles and clevis pins;
 - (h) velcro tape;
 - (i) spare flags; and
 - (j) VHF radio.
- 2.2 Using the items in 2.1 to:
 - (a) prevent fouling of lines, sails and sheets;
 - (b) attach tell tales;
 - (c) prevent sails being damaged or falling overboard;
 - (d) mark control settings;
 - (e) make minor repairs and permitted adjustments;
 - (f) make signals as per RRS Appendix C6; and

- g) use the VHF to receive instructions from the RC or to contact the RC.
- 2.3 Fixing a spinnaker sheet catcher at the bow, providing that it does not extend the length of the boat more than 100 mm and does not require any repair after removal.
- 2.4 Changing the number of mainsheet purchases.

3 Mandatory Items and Actions

The following are mandatory.

- 3.1 The completion of a written damage report before leaving a boat and submitting it to the RC, even if no damage or loss is recorded. Reports shall include any evidence of matters which could cause damage or disadvantage to the boat in future matches.
- 3.2 At the end of each sailing day:
 - (a) rolling, bagging and placement of the sails as directed
 - (b) leaving the boat in the same state of cleanliness as when first boarded that day
 - (c) using backstay control lines under slight tension to secure tiller
- 3.3 At the end of each day, cleaning the boat (cabin and decks), removing all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection.
- 3.4 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.
- 3.5 A breach of items 3.2 and 3.3 will be considered as damage and the cost of rectification will be deducted from the damage deposit.

4 Equipment List

The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing. Any loss shall be reported on the damage report.

Sails and Sailing Equipment

- Mainsail and set of battens
- Jib
- Spinnaker
- One winch handle
- Two winch handle holders
- One spinnaker pole
- Two spinnaker sheets
- Two headsail sheets
- Tiller extension
- Jib cars
- Competitor flag set

Safety Gear

- First aid kit
- Bucket and sponge
- Flares
- Type IV throwable PFD
- Four adult PFDs
- Bilge pump
- Paddle
- Tow line
- Anchor with chain and line
- VHF Radio

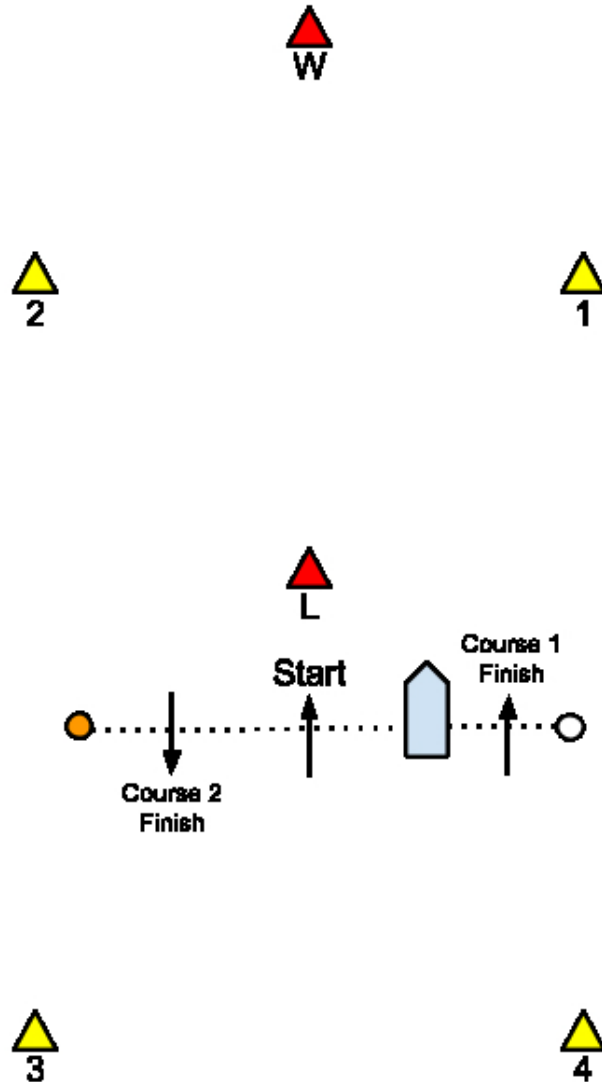
Mooring Lines and Fenders

- Three mooring lines
- Two fenders

**ATTACHMENT B
OFFICIAL DESCRIPTION OF MARKS AND COURSES**

MARK	DESCRIPTION
1	Yellow inflatable cone
2	Yellow inflatable cone
3	Yellow inflatable cone
4	Yellow inflatable cone
W	Red inflatable cone
L	Red inflatable cone

SIGNAL	COURSE
1	Start 1p 2p 3p 4p Finish
2	Start Ws Ls Ws Finish



ATTACHMENT C

BOAT ASSIGNMENTS AND ROTATIONS

Boat	Yacht Club	Skipper
1	St. Francis YC	Scott Sellers
2	St. Francis YC	Jon Andron
3	St. Francis YC	Morgan Larson
4	St. Francis YC	Evan Brown
7	Newport Harbor YC	Argyle Campbell
8	Newport Harbor YC	Sally Mace
9	Newport Harbor YC	Mac Mace
10	Newport Harbor YC	Jack Thompson

Match	1		2	3		4			
1	1	7	10 3	1 2	7 8	1 2 3 4	7 8 9 10		
2	2 3 4	8 9 10	4 9	3 4	9 10				



Match	5		6	7		8			
1	8	2	4 7	8 9	2 3	7 8 9 10	1 2 3 4		
2	7 9 10	1 3 4	10 1	7 10	1 4				

Match	9		10	11		12			
1	3	9	7 2	1 3	7 9	1 2 3 4	7 8 9 10		
2	1 2 4	7 8 10	4 8	2 4	8 10				

Match	13		14	15	
1	10	4	3 8	9 10	1 2
2	7 8 9	1 2 3	9 1	7 8	3 4

Match	16		17	18	
1	1	8	7 3	1 3	8 10
2	2 3 4	7 9 10	2 10	2 4	7 9

Match	19		20	
1	9	2	7 10	2 3
2	7 8 10	1 3 4	8 9	1 4

 Blue/Left Column = Port Entry
 Yellow/Right Column = Starboard Entry