



## **Tinsley Island Sailing Program Summer 2019**

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### **Tinsley Island Camp Sessions**

**Session 1: June 17 – 21 (3<sup>rd</sup> – 7<sup>th</sup> Grade, at least age 8)**

**Session 2: July 8 - 12 (7<sup>th</sup> – 10<sup>th</sup> Grade)**

**Session 3: July 15 - 19 (3<sup>rd</sup> – 7<sup>th</sup> Grade, at least age 8)**

### **Summer Camp Cancellation Policy**

Notice of cancellation must be made in writing at least six(6) weeks prior to the start of the session to receive a full refund (minus the \$100 non- refundable registration fee). There will be no refunds within six (6) weeks of the start of a session.

### **Times**

Drop off 10:30am first day of Camp

Pick up 2:45pm last day of Camp

### **Drop off and pick up Location**

King Island Marina – Tinsley Island Ferry

11530 West Eight Mile Rd.

Stockton, CA 95219

See drop off/ pick up location sheet for more information

### **What to Expect**

Sailors can expect the following:

To be signed in at drop off and signed out pick up by a parent of guardian or other adult as prescribed in our required forms and documents

To take a swim test the first day of each camp

To sail (not ride all day in the coach boat or lounge on the swim dock)

To participate in all water and land activities include morning exercise and calisthenics

To get wet

To capsize and rite their boat

To rig and unrig their boat

To obey the nightly lights out and bed time



## **Tinsley Island Packing List**

Life on Tinsley Island is pretty cool. Imagine sailing all day in beautiful, sunny weather under a hot sun and cool water. At night the weather gets a bit cooler and if the wind dies insects come out and are a force to be reckoned with. The island has a pool, and bunk rooms that allow friends to share the same space; of course we separate the group by gender.

Days will be filled with sailing, swimming, and other fun activities so remember to prepare!

### **Please bring the following items:**

- Coast Guard Approved Type III Life Jacket (to fit: when sitting on the floor with the life jacket on, shoulder strap should not go above child's ear)
- Sunscreen
- Labeled Water Bottle
- Insect Repellant
- Hat or Visor
- Sunglasses with lanyard or some other kind of strap to avoid losing them
- Long-sleeved quick-dry shirt (such as a rash guard)
- Sneakers that can get wet or other close toed, water shoe for sailing
- Tennis shoes and sandals to wear while on the island
- 4 pairs of shorts or bathing suits
- 4 sailing shirts (T-shirts are fine, but non-cotton clothing is best)
- Socks and underwear
- 1 long sleeved sweatshirt or fleece for cool evenings
- Pajamas
- Toiletries (please keep it minimal)
- Sleeping bag, pillow and towel

### **Please do not bring the following items (they will be confiscated and returned at pick-up):**

- Candy, soda, or other snacks (unless pre-approved for medical reasons)
- Electronics games ...this includes, DSs, Gameboys, PSPs, iPods, iPads, etc.
- Mobile phones (they are prohibited, but there will be an emergency phone available)



## **DROP OFF / PICK-UP LOCATION**

In order to get to Tinsley Island, you must first get to King Island Marina. The main part of your journey will be getting to Eight Mile Road at I-5. The following are directions from San Francisco and Marin County to that turn off.

| From San Francisco  | From Marin County  |
|---|--|
| Merge on <b>I-80 E</b><br>Take the <b>I-580 E</b> exit<br>Merge on <b>I-580 E</b><br>Continue on <b>I-205 E</b><br>Take the <b>I-5 N</b> exit<br>Merge on <b>I-5 N</b><br>Take the <b>W 8 MILE RD</b> exit<br>Turn Left on <b>W 8 MILE RD</b> | Take Richmond Bridge to <b>Richmond Parkway</b><br>Merge on <b>I-80 E</b><br>Merge on <b>Highway 4 E</b><br>Cross Antioch Bridge, <b>160 N</b><br>Turn right onto <b>12 E</b><br>Merge on <b>I-5 S</b><br>Take the <b>W 8 MILE RD</b> exit<br>Turn Right on <b>8 MILE RD</b> |

Depending on traffic, it is a two to two and a half hour trip.

Head west on Eight Mile road (4 miles), turn left at the King Island Marina sign just before the second bridge. The Tinsley Island Ferry departs from this Marina.

(You can also get driving directions to King Island on your mobile device or navigation system by entering, 11530 West Eight Mile Road, Stockton, CA 95219, as your destination).

**We will depart King Island Marina for Tinsley Island at 10:30 AM. Please do not miss the boat.**

We will be back at the Marina by 2:45 PM on the last day of the camp. We will of course have an instructor wait until each child is picked up by a parent or other pre-arranged adult. We appreciate your cooperation in a timely pickup.